Help protect yourself from all respiratory illnesses by:

- washing hands regularly with soap and warm water or use an alcohol-based hand sanitizer
- avoiding touching your eyes, nose and mouth with unwashed hands
- avoiding close contact with people who are sick

Help protect others by:

- staying home when you are sick
- covering coughs and sneezes with a tissue or your sleeve

Worried about COVID-19?

Feeling unwell?

Travelled outside of Canada in the past 14 days?
Think you have been in contact with a case of COVID-19?

Stay home and call
Peel Public Health
905-799-7700
Caledon 905-584-2216

Get updates on COVID-19 at peelregion.ca/coronavirus
or call Peel Public Health 905-799-7700, Caledon 905-584-2216

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