Novel coronavirus (COVID-19): When to consult a health care professional

For travelers returning from China who do NOT have symptoms

Travelling from Hubei province (includes Wuhan)

If you have travelled to Hubei province in the last 14 days and do not have symptoms, you are required to self-isolate. This means you need to stay at home and limit your contact with others for a total of 14 days from the date you left Hubei. In addition, please contact Peel Public Health within 24 hours of arriving in Canada. Learn more about what self-isolation.

Travelling from China

All travellers from China are advised to monitor themselves for symptoms for 14 days from the day they left China.

Should a fever, cough, or difficulty breathing arise within 14 days of returning to Canada, seek medical attention immediately. Travellers from China do not have to contact public health if they are well.

If you have fever and/or respiratory symptoms, such as shortness of breath and breathing difficulties, AND have either:

- Travelled to China 14 days before onset of illness OR
- Have been in close contact with a confirmed or probable case of novel coronavirus (COVID-19) OR
- Had had close contact with a person with acute respiratory illness who has been to China within 14 days prior to their illness onset

For MILD symptoms
• Call Peel Public Health (905-799-7700, Caledon 905-584-2216) or your health care provider

**For SEVERE symptoms**

• Contact your health care provider first (if available)
• If you cannot reach your health care provider, go to the hospital emergency department and pay attention to special signage
• If you contact 911 (paramedics), tell them over the phone of your travel/contact history

**Already have an appointment with your health care provider?**

• Call in advance and inform them of your symptoms and travel/contact history

**Intend on visiting a walk-in clinic?**

• Call in advance and inform them of your symptoms and travel/contact history

If you are experiencing symptoms but do not have a travel or close contact history, call Peel Public Health (905-799-7700, Caledon 905-584-2216)

Adapted with permission from Ottawa Public Health