Novel coronavirus (COVID-19): When to consult a health care professional

For travellers returning from impacted areas who do NOT have symptoms

Travelling from Hubei province (includes Wuhan):

If you have travelled to the Hubei province in the last 14 days, you are required to self-isolate, even if you don’t have symptoms. This means you need to stay at home and limit your contact with others for a total of 14 days from the date you left Hubei. In addition, please contact Peel Public Health within 24 hours of arriving in Canada. Learn more about self-isolation.

Travelling from other impacted areas

All travellers from other impacted areas are advised to monitor themselves for symptoms for 14 days from their date of departure from that impacted area.

Should a fever, cough, or difficulty breathing arise within 14 days of returning to Canada, seek medical attention immediately.

Travellers from impacted areas do not have to contact Public Health if they are well. Learn more about the impacted areas.

If you have fever and/or respiratory symptoms, such as shortness of breath and breathing difficulties, AND have either:

- Travelled to any impacted area, including Hubei province and Wuhan 14 days before onset of illness OR
- Have been in close contact with a confirmed or probable case of novel coronavirus (COVID-19) OR
- Have had close contact with a person with acute respiratory illness who has been to an impacted area within 14 days prior to their illness onset
For MILD symptoms

- Call Peel Public Health (905-799-7700, Caledon 905-584-2216) or your health care provider

For SEVERE symptoms

- Contact your health care provider first (if available)

- If you cannot reach your health care provider, go to the hospital emergency department and pay attention to special instructions or signage the facility may have related to admission protocol for people who have visited an impacted area

- If you contact 911 (paramedics), tell them over the phone of your travel/contact history

Already have an appointment with your health care provider?

- Call in advance and inform them of your symptoms and travel/contact history

Intend on visiting a walk-in clinic?

- Call in advance and inform them of your symptoms and travel/contact history

If you are experiencing symptoms but do not have a travel or close contact history, call Peel Public Health (905-799-7700, Caledon 905-584-2216)

Adapted with permission from Ottawa Public Health