

For Information

DATE: February 22, 2011

REPORT TITLE: **ENHANCED 18 MONTH WELL BABY VISIT INITIATIVE**FROM: Janette Smith, Commissioner of Health Services
David L. Mowat, MBChB, MPH, FRCPC, Medical Officer of Health**OBJECTIVE**

The purpose of this report is to inform Regional Council of the provincial Enhanced 18 Month Well Baby Visit initiative and the actions of Peel Public Health to promote this initiative with physicians and parents.

REPORT HIGHLIGHTS

- Supporting healthy child development in the early years can positively impact health, behaviour and capacity throughout the lifespan.
- The enhanced 18 Month Well Baby Visit gives doctors the opportunity to spend more time with young children and their families and provide a more in-depth physical and developmental assessment.
- Peel Public Health, in collaboration with Success By 6 Peel agencies, has developed a comprehensive pathway of services for physicians and primary care providers to guide referral when a developmental concern has been identified.

DISCUSSION**1. Background**

In the Fall of 2005, an expert panel convened by the Ministry of Children and Youth Services released the report, "Getting it Right at 18 months...Making it Right for a Lifetime". After review by multiple Ministries, recommendations were put forth to guide implementation of the newly Enhanced 18 Month Well Baby Visit initiative.

Eighteen months is a prime opportunity to enhance the well baby visit and do a thorough examination of the child, as it is the last routine visit a child has prior to school entry. It is a time when children should have met key developmental milestones and also a time when some children begin to demonstrate challenging behaviours which physicians and parents need to discuss.

The Enhanced 18 Month Well Baby Visit initiative is designed to promote:

- A comprehensive developmental review and evaluation of the child at 18 months of age;
- Use of standardized assessment tools by both the physician and parent to identify if the child is meeting developmental milestones;

February 22, 2011

ENHANCED 18 MONTH WELL BABY VISIT INITIATIVE

- A consistent process that supports time for meaningful discussions with parents to determine the best way to meet the child's needs and, when necessary, make appropriate referral to community resources;
- Measurement and evaluation to track the development of 18 month old children;
- Adequate remuneration for physicians through change in fee for service to recognize additional assessment time.

2. Findings

Peel Public Health collaborated with Success By 6 Peel agencies to develop the "Enhanced 18 Month Well Baby Visit – Resource Pathway" to guide primary care providers in making appropriate referrals to Peel based community resources (Appendix I). Peel Health has also posted resources for parents and professionals on our www.ParentingInPeel.ca website and made printed material available.

Through Peel Public Health's physician outreach program, Peel's Associate Medical Officers of Health have conducted presentations for physicians at the three regional hospitals. In addition, a communiqué was sent to physicians advising of printed and electronic materials available to support the use of the Resource Pathway.

CONCLUSION

Ontario has recognized the critical importance of early child development by funding an enhanced 18 month check up for children. Peel Public Health is working with community partners to support parents and professionals to ensure children are connected with the right resources at the right time.

As Dr. Fraser Mustard so aptly stated, "Getting our kids on the right path in the early years is one of the best investments we can make as a society and helps us tap the tremendous human potential of our children."



Janette Smith
Commissioner of Health Services



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Approved for Submission:

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For further information regarding this report, please contact Cheryl Morin at extension 7463 or via email at cheryl.morin@peelregion.ca

Authored By:

c. Legislative Services

Child Development Resource Connection (CDCRCP)
Community resources information and referral coordinated
Child Care Info Peel (CCIP)
905-890-9432
1-888-836-5550
TTY CIP 905-890-8089
www.cdrcp.com

Additional Resources
Region of Peel Child Care Centres
Child Care SNAP Peel - Special Needs Access Point
Housing Ontario Works
905-791-7800
1-888-309-6640
www.peelregion.ca

Children's Aid Society (CAS)
905-888-700-0996
www.peelcas.org

BILLING CODE
Enhanced 18-month Well Baby Assessment: GP/FP - A002; Paediatrics - A268

Peel Early Years
Provides a range of programs and services to support parents and caregivers in addressing children up to age 6 years cognitive, physical, emotional and social development
905-890-9432
1-888-836-5550
TTY 905-890-8089
www.peelearlyyears.com

Peel Public Health (PPH)
Healthy Babies Healthy Children program - screening, assessment, home visiting, service coordination and referral to community programs for children up to age 6 years
Peel Postpartum Mood Disorder program - Dental/CINOT - free dental screening and preventive dentistry
Immunization Nutrition & Feeding Information
905-799-1700
Caledon 905-584-2216
www.peelregion.ca/health

Credit Valley Hospital - Mental Health, Child & Family Services
Assessment, treatment, and consultation for children and their families for developmental, emotional, behavioural, interpersonal and psychiatric problems. Individual, group and family therapy provided by a multidisciplinary team
905-813-4426
www.cvh.on.ca/mentalhealth

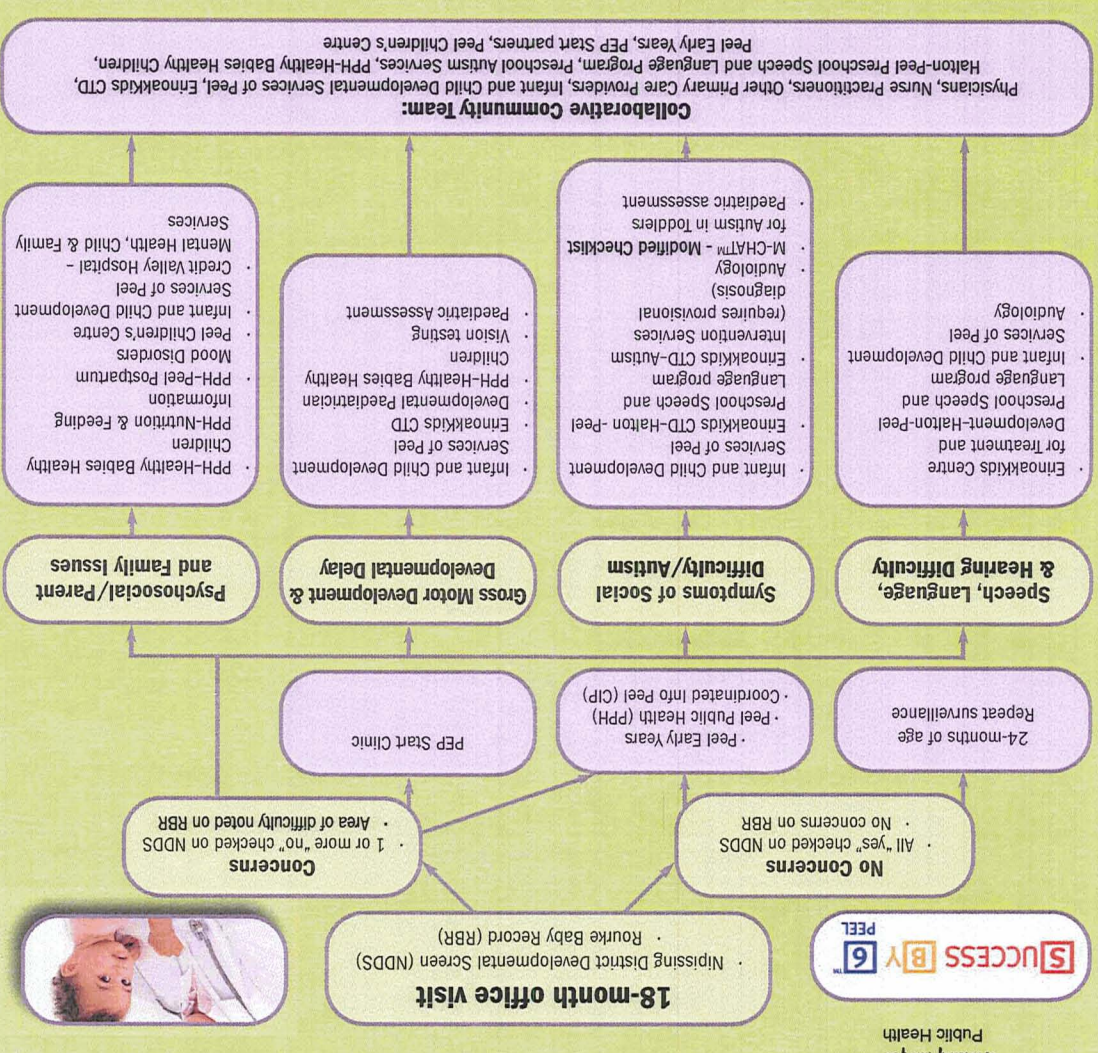
PEP-Start (Prevention Program)
A rotating drop-in clinic designed for families with children up to age 5 years who are concerned about their child's development
905-568-8897
pat@pepstartpeel.com

Infant and Child Development Services of Peel (ICDSP)
Provides services and resources for families with children who are at risk of, or have a delay in their development
905-564-7485
1-877-266-4566
www.pmidinpeel.ca

Ernoakkids Centre for Treatment and Development
Provides treatment and care for long-term conditions
Autism Intervention Services
Hatton-Peel Preschool Speech and Language Program
Blind/Low Vision Infant Hearing Program
905-855-3557
1-877-374-6625 (ERNOAK)
www.ernoakkids.ca

Peel Children's Centre (PCC)
Community-based children's mental health centre
905-451-4655
www.peelcc.org

Enhanced 18-Month Well Baby Visit - Resource Pathway



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