



## Community Diabetes Resources

Program	Contact	How do I Get Referred?	Services	Languages
<b>Bramalea Community Health Centre</b>	40 Finchgate Blvd, Brampton Phone: 905-451-8090 ext 111	Self referral or doctor's referral  FREE	Diabetes Education Program  Registered Nurses Registered Dietitians	Staff speak a variety of languages
<b>William Osler Health System- Brampton Civic Hospital</b>	2100 Bovaird Dr., Brampton Phone: 905-494-6598	Doctor's referral  FREE	Diabetes Education Centre  Registered Nurses Registered Dietitians Doctor (Endocrinologist)	Staff speak a variety of languages
<b>William Osler Health System- Bolton Satellite Diabetes Education Centre</b>	18 King St. East in the Royal Courtyards Upper level in Caledon Community Services Bolton	Self-referral or doctor's referral  FREE	Diabetes Education Program  Registered Nurses Registered Dietitians	Written information in various languages
<b>The Credit Valley Hospital</b>	2200 Eglinton Avenue West, Mississauga Phone: 905-813-1576	Doctor's referral  FREE	Diabetes Education Program  Registered Nurses Registered Dietitians Doctor (Endocrinologist)	Staff speak a variety of languages
<b>Trillium Health Centre</b>	100 Queensway West Mississauga 905-848-7545  South Asian Diabetes Program 905-848-7547	Doctor's referral  FREE	Diabetes Education Program  Registered Nurses Registered Dietitians Doctor (Endocrinologist)	Staff speak a variety of languages

Call 905-799-7700 for more information.



# Diabetes PREVENTION

<b>East Mississauga Community Health Centre</b>	2555 Dixie Road, Unit 7, Mississauga Phone: 416-252-1928 <a href="mailto:mississauga@lampchc.org">mississauga@lampchc.org</a>	Doctor's referral for individual counseling. Can self refer for group education sessions.  FREE	Diabetes Education Program  Registered Nurses Registered Dietitians	Interpretation services available
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**For further information contact your Physician or Health Care Provider**

Organization Name	Services	Languages
<b>Canadian Diabetes Association</b>	For free pamphlets mailed to your home call 1-800-226-8464. Website: <a href="http://www.diabetes.ca">www.diabetes.ca</a>	English
<b>Eat Right Ontario</b>	For information on healthy eating and diabetes or to speak to a Registered Dietitian call 1-877-510-5102. Website: <a href="http://www.eatrightontario.ca">www.eatrightontario.ca</a>	Resources available in a variety of languages
<b>Heart &amp; Stroke Foundation</b>	For free pamphlets about diabetes and heart disease call 905-451-0021. Website: <a href="http://www.heartandstroke.ca">www.heartandstroke.ca</a>	Resources available in a variety of languages
<b>Region of Peel Call Centre</b>	To speak to a Registered Nurse call 905-799-7700. Website: <a href="http://www.peelregion.ca">www.peelregion.ca</a>  To find out about nutrition services in the Region of Peel go to <a href="http://www.peelregion.ca/health/eating/resources/nutrition-services.htm">www.peelregion.ca/health/eating/resources/nutrition-services.htm</a>  <b>If you live outside the Region of Peel and want to know the phone number of your local Health Department, please call the Region of Peel Customer Contact Centre at 905-799-7700.</b>	English

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