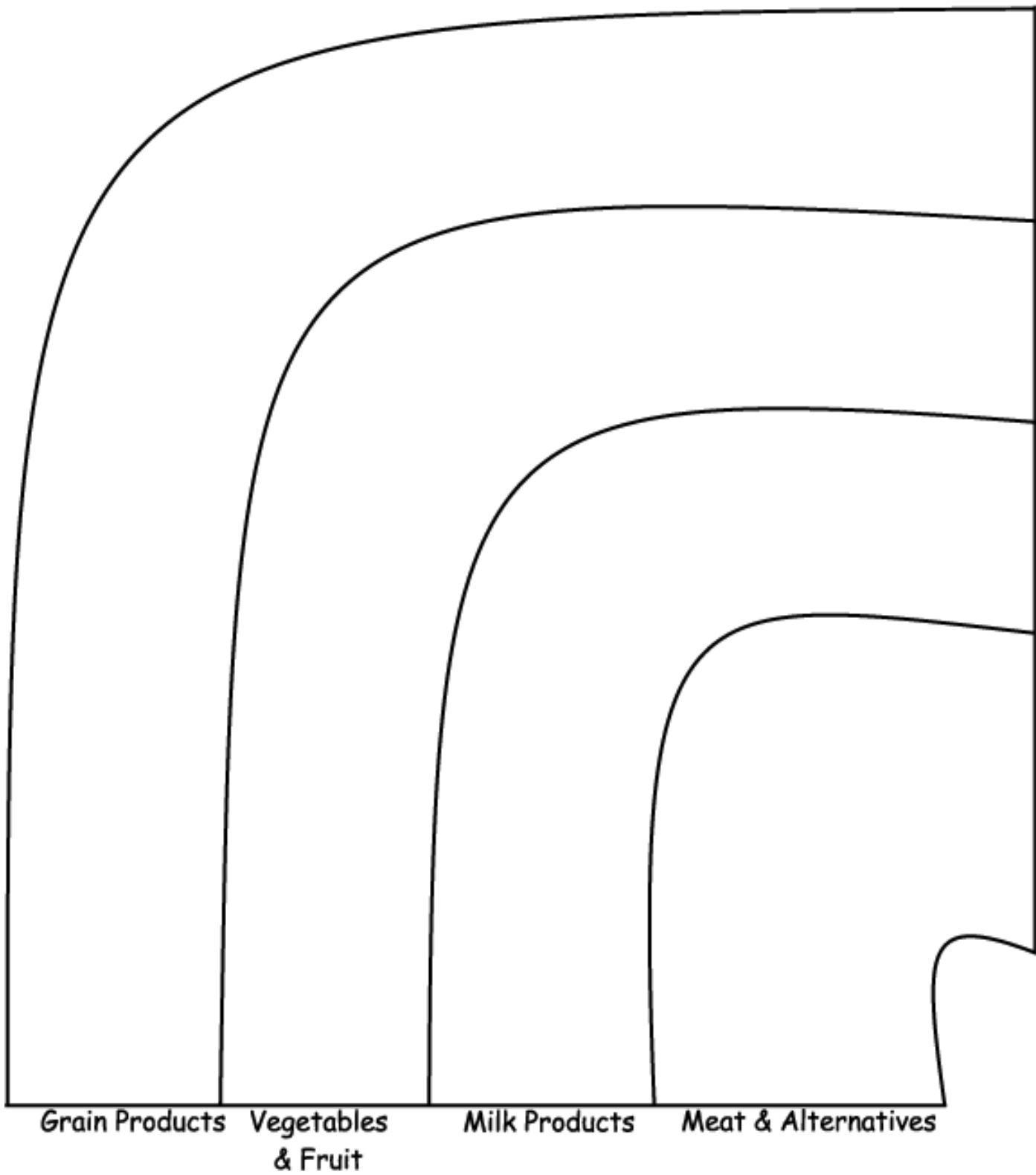


Name: _____

Food Guide

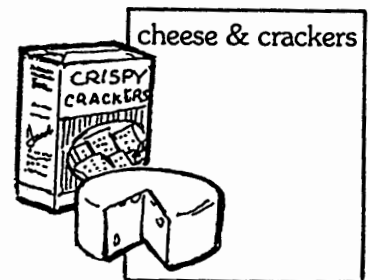
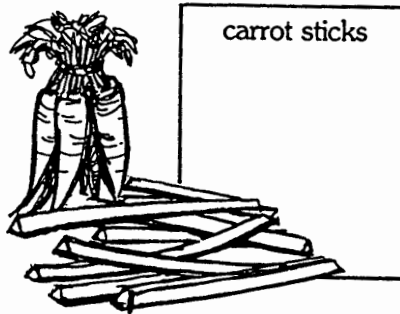
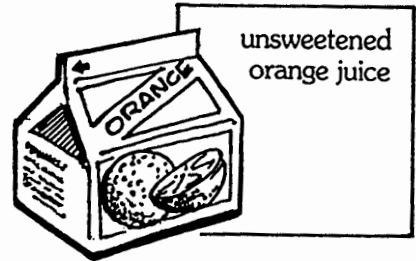
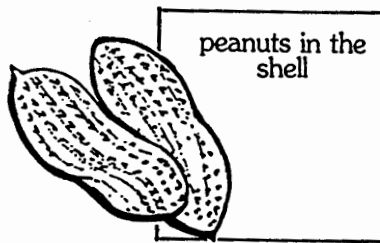
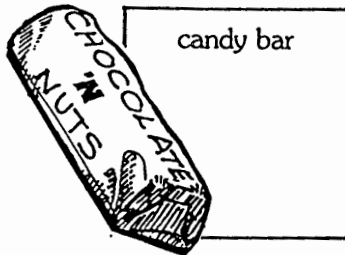
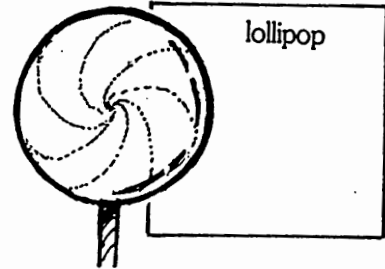
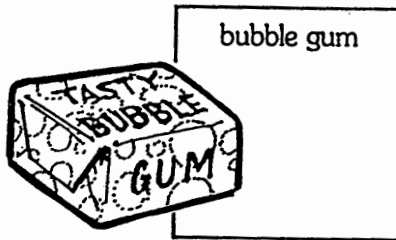
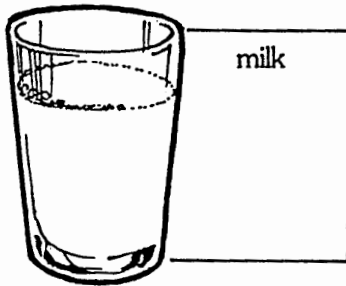
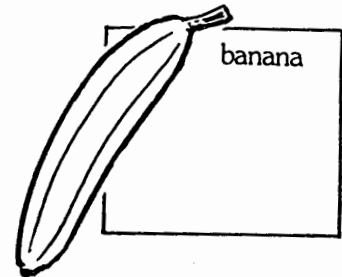
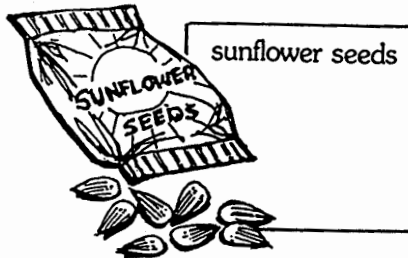
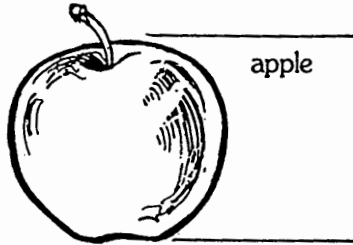
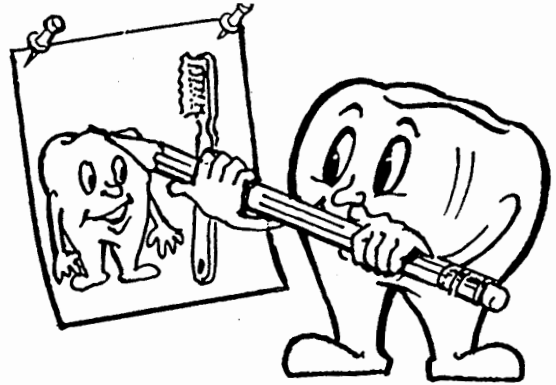
place or time in history



Name: _____

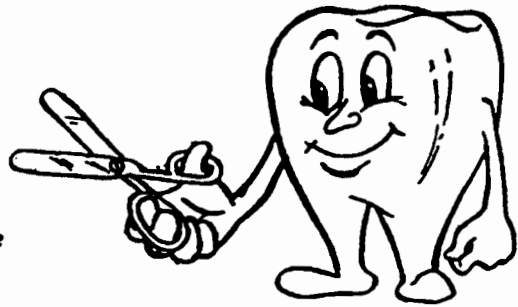
Choose Healthy Recess Snacks

Instructions: Draw a happy tooth beside the snacks which are good for you. Draw a tooth brush beside the snacks that can lead to tooth decay and must be brushed away.

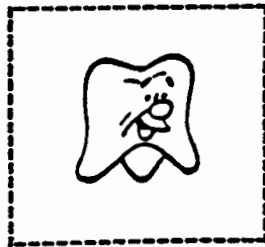
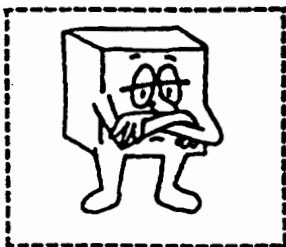
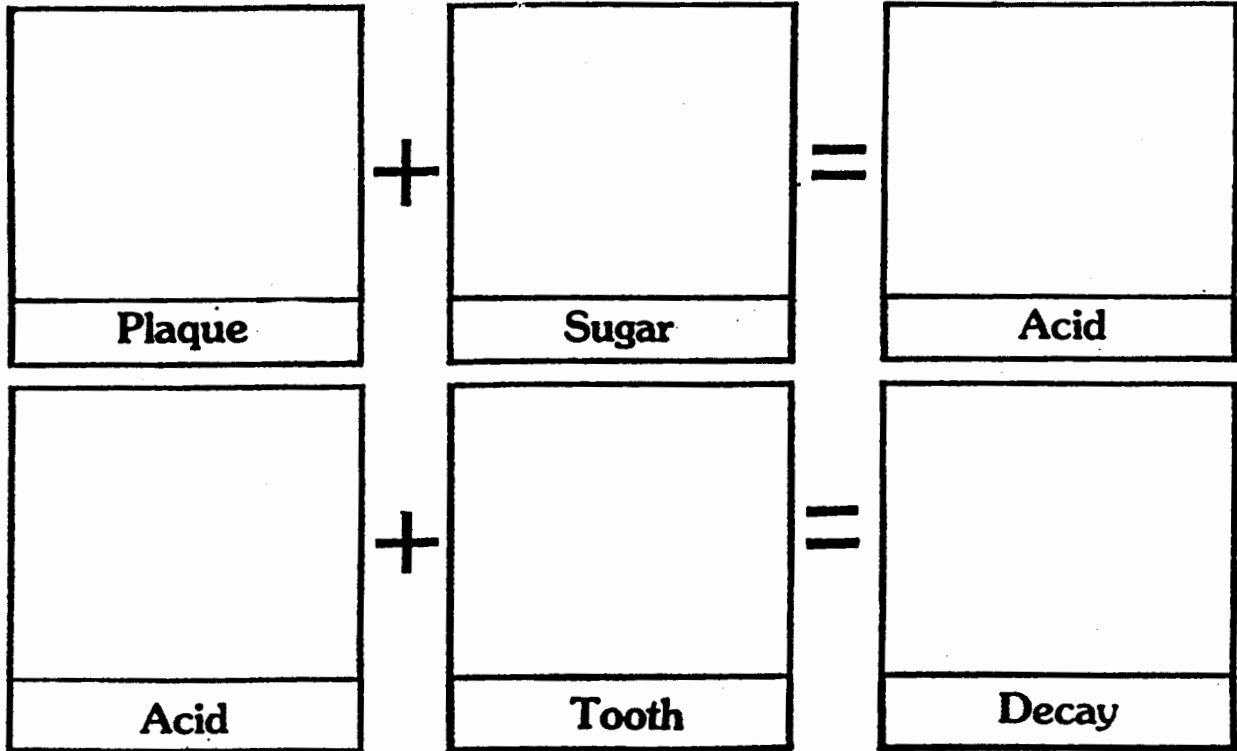


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The Story of Tooth Decay




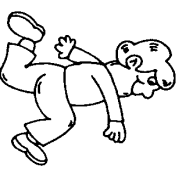
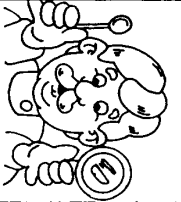
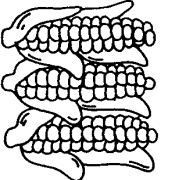
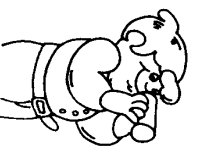
Instruction: Cut and paste the pictures below in the correct slot to tell the story of tooth decay.




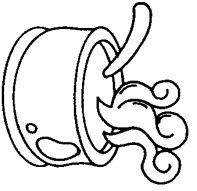
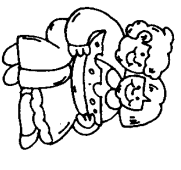
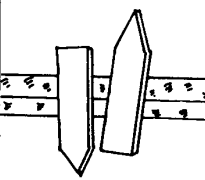

Adapted from materials produced by the Nova Scotia Department of Health & Fitness.

Name: _____


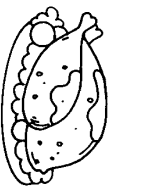

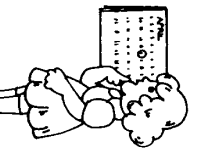

BE THE FIRST TO REACH THE SMILE

		YOU VISITED THE DENTIST! MOVE TWO SPACES AHEAD			CAUGHT YOU STUFFING GUM IN YOUR MOUTH! MOVE ONE SPACE BACK		FORGOT TO BRUSH YOUR TEETH TODAY! MOVE THREE SPACES BACK
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dos and don'ts

THE WATER YOU DRINK HAS FLUORIDE IN IT! MOVE TWO SPACES AHEAD				YOU THREW A BALL IN BILL'S FACE! MOVE ONE SPACE BACK		BONUS! YOU HAVE NO CAVITIES! MOVE THREE SPACES AHEAD	
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of good dental health

YOU'RE EATING TOO MANY SWEETS! MOVE TWO SPACES BACK		YOU ARE EATING MORE HEALTHY SNACKS. MOVE ONE SPACE AHEAD.		YOU BRUSH YOUR TEETH REGULARLY! MOVE ONE SPACE AHEAD			YOU MISSED YOUR DENTIST APPOINTMENT! MOVE ONE SPACE BACK	
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USE BUTTONS FOR MARKERS
 FLIP A PENNY TO MOVE "HEADS" MOVES 2 SPACES "TAILS" MOVES 1 SPACE