

Registration

Name _____

Address _____

City _____ Postal Code _____

Home phone _____

Work phone _____

Cell phone _____

E-mail _____

Are you: under 23 yrs? 23-35 yrs? over 35 yrs?

Do you speak English? Yes No

If no, what language do you speak?

For those wishing to have breastfeeding support from a Breastfeeding Companion, please complete:

Is this your first baby? Yes No

Is this your first breastfeeding experience? Yes No

Expected due date _____ or

Baby's date of birth _____

Are you expecting twins or triplets? Yes No

For those wishing to volunteer as a Breastfeeding Companion, please complete:

Did you breastfeed your baby for at least six months?

Yes No

**Thank you for your interest.
Peel Public Health will contact you with further details.**

This information is being collected pursuant to the Health Protection and Promotion Act, R.S.O. 1990, c.H.7 and will be retained, used, disclosed and disposed of in accordance with all applicable municipal, federal and provincial laws and regulations governing the collection, retention, use, disclosure and disposal of information including the Municipal Freedom of Information and Protection of Privacy Act, R.S.O. 1990, c. M.56, and the Personal Health Information Protection Act, 2004, S.O. 2004, c.3.

This information will only be used for the provision, or assisting in the provision of health care including health promotion, planning and delivery of health programs/services, teaching, providing supportive counselling, establishing interventions and service co-ordination.

Any questions regarding this collection may be directed to the Medical Officer of Health, Peel Public Health, 44 Peel Centre Drive, Brampton, Ontario, L6T 4B5, 905-791-7800.



**Healthy Babies
Healthy Children**

REGION OF PEEL

Region of Peel — Public Health

Monday to Friday 8:30 a.m. to 4:30 p.m.

905-799-7700

Caledon residents call free of charge at

905-584-2216

www.BreastfeedingInPeel.ca

 **Region of Peel**
Working for you
Public Health

Breastfeeding Companions



**A Mother-to-Mother
Telephone Volunteer
Breastfeeding Support
Program**



 **Region of Peel**
Working for you
Public Health

The Breastfeeding Companions Program is:

- ◆ A free telephone support program for breastfeeding mothers.
- ◆ Provided by trained volunteers who have breastfed their babies for at least six months.
- ◆ Arranged prior to the birth of your baby or soon after delivery.



This program was developed to support breastfeeding families in the Region of Peel.



A Breastfeeding Companion is someone who will:

- ◆ Offer telephone support and encouragement until your baby is six months old.
 - ◆ Share her breastfeeding knowledge and experiences.
 - ◆ Tell you who to call if you need more help.
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To receive breastfeeding support from a Breastfeeding Companion

or

To volunteer to become a trained Breastfeeding Companion

Please fill in the form on the back of the page and return it to:

Region of Peel - Public Health
10 Peel Centre Dr., Suite B
PO Box 2009, STN B
Brampton, ON L6T 0E5

Attn: Breastfeeding Companions - 4th Fl.

OR

Call the Region of Peel – Public Health at
905-799-7700

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