

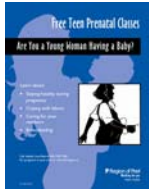


<p>IN THIS ISSUE: March 2006 Reproductive Programs and Services available through Peel Public Health</p>	<p>FROM: Dr. Hanif Kassam Medical Officer of Health</p>
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Free Prenatal Programs or for posters and tear off sheets—
please call Peel Public Health at 905-799-7700 or visit www.peelregion.ca/health.

<h2>Prenatal Instruction for Newcomers to Canada</h2>  <ul style="list-style-type: none"> • Prenatal classes for women who have English as a second language • 8-week series • Free childcare provided • Feb/Mar, Apr/May, June/July, Oct/Nov <p>Cues for referral: Pregnant women that:</p> <ul style="list-style-type: none"> • Speak and/or understand limited English • Are newcomers to Canada • May be primipara or multipara • May be at any stage of pregnancy. <p>Mississauga Sites</p> <p>Inter-Cultural Neighbourhood Social Services (ICNSS - Mezzanine Level) 3050 Confederation Pkwy Thursdays, 1 - 3 pm</p> <p>Meadowvale Public Health Clinic 6975 Meadowvale Town Centre Cir. Couples class Mondays, 7 - 9 pm</p> <p>Brampton Site</p> <p>Bramalea Civic Centre 150 Central Park Dr., Room 106 Thursdays, 1 - 3 pm</p> <p>Malton Site</p> <p>Malton Neighbourhood Services 3540 Morningstar Dr. Tuesdays, 1 - 3 pm</p>	<h2>Adult Prenatal Classes</h2> <ul style="list-style-type: none"> • Early Series – first 20 weeks of pregnancy • Regular Series – over 20 weeks of pregnancy • Both offered as six week evening classes or as two weekend series • Some series have a Fathering Component  <p>Cues for referral: Pregnant women with financial barriers.</p> <h2>Teen Prenatal Classes</h2> <p>Teen Prenatal classes for pregnant women under 25 years</p>  <ul style="list-style-type: none"> • Bramalea & Mississauga sites • Four series/year • Evening series <p>Cues for referral: Pregnant teens that have family support but require prenatal education.</p> <p>Mississauga Sites</p> <p>Peel Public Health 3038 Hurontario St.</p> <p>Peel Public Health Clinic 6975 Meadowvale Town Centre Cir.</p> <p>Brampton Site</p> <p>Brampton Life Centre 141 Kennedy Rd. N.</p>
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Teen Prenatal Supper Clubs

Partnership with Best Start Health Coalition in Peel

- Prenatal nutrition and education for pregnant teens under 25 yrs
- Dinner, food vouchers and prenatal vitamins

Cues for referral:

Pregnant teens who:

- Are socially isolated
- Have limited help from family, friends or partner
- Have financial issues
- Are living in violent situations
- Have medical conditions that may impact the pregnancy.

Mississauga Site

Trinity Anglican Church

26 Stavebank Rd. N.

Wednesdays, 4:30 - 6:30 pm

Mississauga Site

Peel Youth Village - Opening March 2006

99 Acorn Place

Tuesdays, 4:30- 6:30 pm

Brampton Site

Brampton West Ontario Early Years Centre

57 Mill St. N., Unit 105

Wednesdays, 4:30 - 6:30 pm

Malton Site

Faith Alive Christian Centre

3595 Nashua Dr.

Wednesdays, 4:30 - 6:30 pm

Healthy Start

Partnership with Best Start Health Coalition in Peel

The Healthy Start program supports pregnant women dealing with difficult life situations. The program provides pregnant women with prenatal nutrition education and support.

Cues for referral:

Pregnant women who:

- Are new immigrants
- Lack money for food or transportation
- Are socially isolated
- Use harmful substances
- Are living in violent situations
- Are experiencing medical conditions impacting pregnancy.

Mississauga Sites

Healthy Start Castlebrooke

2590 Rugby Rd. - Party Room

Tuesdays, 9:30 - 11:30 am

Saturdays, 9 - 11am

Healthy Start Square One

Peace Lutheran Church

100 City Centre Dr.

Wednesdays, 9:30 -11:30 am

Healthy Start Meadowvale

Ontario Early Years Centre

6677 Meadowvale Town Centre Cir.

Thursdays, 2 - 4 pm

Healthy Start Havenwood

Havenwood Public School

3255 Havenwood Dr.

Fridays, 9:30 - 11:30 am

Brampton Sites

Healthy Start Fair Oaks

31 Fair Oaks Pl. - Party Room

Wednesdays, 9:30 - 11:30 am

Healthy Start Chelsea Gardens

4 Kingsbridge Rd. - Party Room

Tuesdays, 9:30 -11:30 am

Malton Site

Healthy Start Malton

7095 Rexwood Rd. - Party Room

Wednesdays, 9:30 - 11:30 am

