

Sexuality Education

The Region of Peel Healthy Sexuality Education Kits have been designed to simplify the task of teaching students about adolescent development, sexuality and relationships.

These education kits include background information to better prepare teachers for challenges they may encounter when teaching sensitive subject matter.

The Region of Peel Healthy Sexuality Education Kits offer an integrated approach to teaching sexuality. The information provided places priority on accurate and factual details, encourages students to form healthy relationships and allows youth to hone their decision-making skills.

Education kits include:

- Lesson plans
- Teacher's guides
- Blackline masters
- Assessment tools
- Interactive games
- Resources, videos/DVDs and more!

Education kits are offered to Peel schools and are also available on loan through the Region of Peel Healthy Sexuality Clinics. The information included in the kits is also available online for downloading.

School Based Sexuality Education Resources for Educators



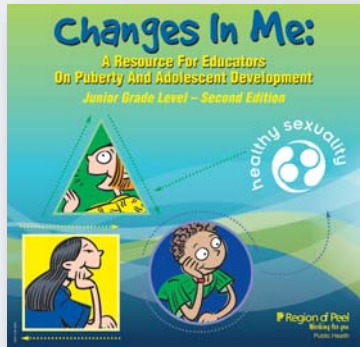
For more information,
contact the Sexuality
Education Specialist at
905-799-7700.



Changes In Me:

A Resource for Educators on Puberty and Adolescent Development

Grades 4, 5 & 6



Topics Covered:

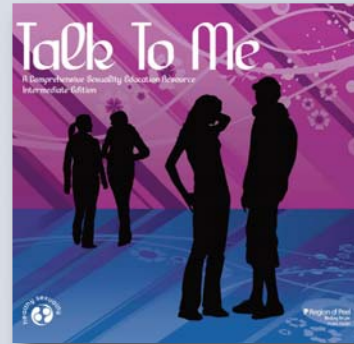
- Getting Started
- Puberty for Boys
- Puberty for Girls
- What Kids Want to Know About Sex and Growing Up
- Facing Tough Situations During Puberty
- Body Image
- Healthy Relationships
- Wrapping Up the Puberty Unit

Available online at:
www.changesinme.ca

Talk to Me:

A Comprehensive Sexuality Education Resource

Grades 7 & 8



Topics Covered:

- Learning About Sexuality
- Responsible and Healthy Relationships
- Violence Prevention in Relationships
- Scenarios During Adolescence
- Abstinence and Pregnancy Prevention
- Sexually Transmitted Infections (STIs)
- Learning about HIV/AIDS
- Wrapping Up the Sexual Education Unit

Available online at:
www.talktomepeel.ca

Helping Teens:

To Make Healthy Decisions About Sex and Relationships

Grades 9 & 10



Topics Covered:

- Learning About Sexuality
- Responsible and Healthy Relationships
- Pregnancy Prevention
- Sexually Transmitted Infections (STIs)
- Facing Challenging Situations During Adolescence
- Sexual Health
- Wrapping Up the Sexual Health Relationships Unit

Available online at:
www.helpingteens.ca