

Session Debrief

Session Date: _____

Step: _____

What activities did you use?

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How useful were the activities? Were they helpful? Did the participants like them?

What happened in your session today? Reflect on the successes and challenges in today's session.

Did any member(s) participate really well? Do I need to follow up with a participant(s) behaviour and/or lack of participation?

Are there any changes and improvements you would like to see for the next session?