

Assessment #3: Are You A Germ Stopper?

1. List two methods for cleaning your hands.

a) _____

b) _____

2. Why is it important to cough or sneeze into your upper arm, not into your hands?

3. Give three examples of when you should clean your hands.

a) _____

b) _____

c) _____

4. Why is running water important for removing germs?

5. How do germs get into your body?

6. What changes can you make to protect yourself from germs?

