

H1N1 Flu Virus

(Human Swine Flu)



- Stop the spread of germs that make you and others sick



- Cover your cough or sneeze with a tissue or your arm



- Clean your hands with soap and water or alcohol-based hand cleaner



- Stay at home if you have a fever and cough, runny nose or diarrhea

If you have symptoms, call **Telehealth Ontario** at: 1-866-797-0000 or TTY: 1-866-797-0007, or contact your health care provider. For general information, visit www.peelregion.ca.

 **Region of Peel**
Working for you
Public Health

Jest to ważny dokument.
Prosimy o wykonanie tłumaczenia.

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Ce document est important.
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Ito ay isang mahalagang dokumento. Pakisaling-wika po ito.