

Data and Evidence to Action for Youth Violence Prevention in Peel

Friday, April 26, 2013

Community Health Initiatives, Health Services, Region of Peel



Agenda



- Welcome
- Introduction to Violence Prevention
- Peel Health Status Data
- BREAK
- PHAC Best Practices Portal and Best Practices for Violence Prevention
- Q & A / Evaluation

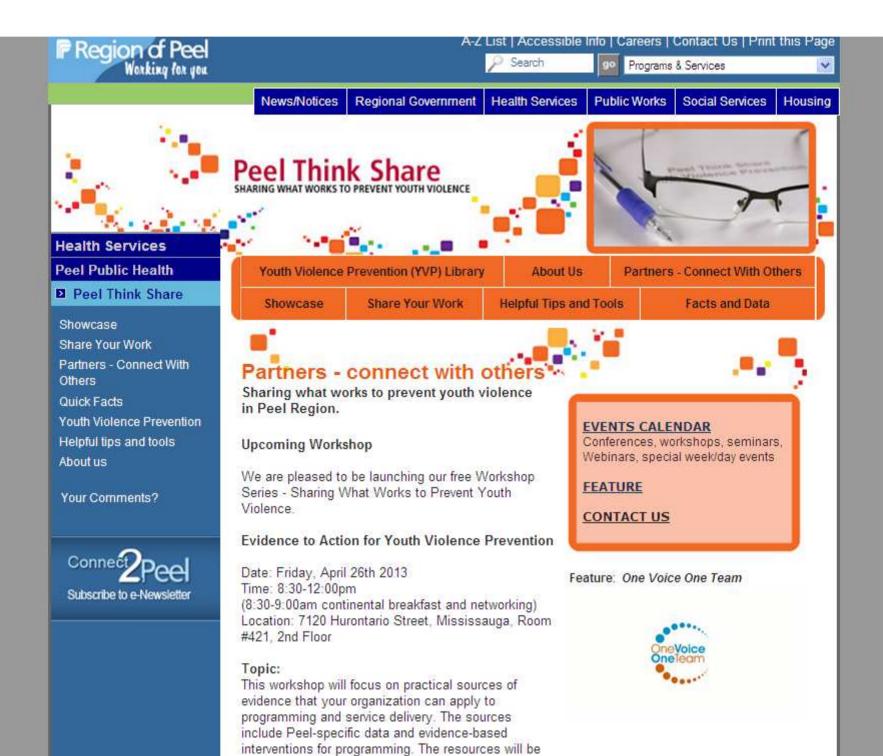






- Supporting Peel community agencies in their youth violence prevention efforts:
 - Enhancing evidence-informed decision-making
 - Enhancing evidence-based practices
 - Sharing what works locally
 - Collaborating with community partners to achieve shared goals
 - Highlighting the needs of the Peel community







Continuum of Prevention

| Prevention Stage | Flu | Youth Violence | |
|---|--|---|--|
| Primary Prevention (Before it Occurs) | Vaccines for all | Policy, education and supportive environment | |
| Secondary Prevention (In the Thick) | Targeted vaccine efforts for high risk groups (e.g. babies, elderly) | Targeted interventions for high-risk youth (e.g. living in high-crime neighborhoods, low family attachment) | |
| Tertiary Prevention (After the Fact) | Treat patients who have the flu and limit exposure to others | Rehabilitate young offenders and provide services for victims of violence | |

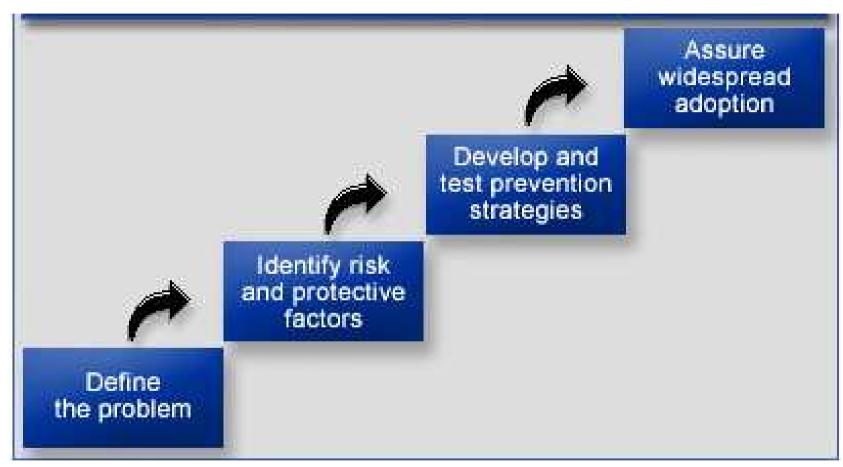
Adapted From: A Public Health Approach to Preventing Violence: FAQ. Prevention Institute, 2009.



| Community Foundations | Early Prevention | Intervention | Treatment and Support |
|---|---|--|--|
| Preventing violence before it occurs Targeted at the general (whole) population as everyone benefits from these strategies Addressing many of the societal level determinants (i.e. roots) of youth violence. | Preventing violence before it occurs. Targeted at the general (whole) population as everyone benefits from these strategies. Addressing violence through community, family, and personal risk and protective factors. | Targeted at children and youth at increased risk for violence and/or those who exhibit early signs of violent behaviour. Increased risk could be due to neighbourhood characteristics, relationships and family situation, or personal factors such as mental health or socioeconomic status. | Support and treatment for youth already engaged in violent behaviour. Aims to deal with violence and prevent its consequences. Aims to prevent the reoccurrence or escalation of violence. |
| Community Design Strategies | Early Years/ Preschool Enrichment | Mentoring Programs | Diversion from Adult Justice System |
| Managing Drinking Environments | Parenting Programs/Skills Training | | Wraparound/Multi-Agency Approach |
| Promoting Diversity and Anti-Racism | Social Skills Development Programs | | Therapeutic Foster Care |
| | Child and Youth Mental I | Health System and Services | |
| Youth Opportunities (e.g. jobs, extracurricular, recreational, leadership, education) | | Gang Prevention and Intervention Programs | |
| School Based Violence Prevention Programs | | Community Policing | |
| Cultural Norms that Reject Violence | | | Restitution/Reintegration Programs |
| Reducing Inequality and Poverty | | | Victim Services |
| Social Marketing/ Public Education | | | |
| Education Policies | | | |



Process of Inquiry "Data to Action"



Centers for Disease Control and Prevention. "A Public Health Approach to Violence Prevention". Retrieved from: http://www.cdc.gov/ViolencePrevention/overview/publichealthapproach.html





What Informs and Influences our Decisions?



Sources of Evidence

Lobbyists & Advocacy Groups **Community Health Issues, Community and Local Context Political Preferences** Values & **Policy Context Resources** Research Habits & **Tradition** Model adapted from: - National Collaborating Centre for Methods and Tools (2012). A model for Evidence-Informed Experience & Decision Making in Public Health. [fact sheet]. Retrieved from www.nccmt.ca - Armstrong, Doyle, et al. (2006). Multi-sectoral health promotion and public health: the role **Expertise** of evidence. Journal of Public Health, 28(2).



Evidence- Informed Decision-Making (EIDM)

- EIDM is the process of involving the best available research evidence into the decision making process.
- Additional factors create the environment in which the research evidence is interpreted and applied.

National Collaborating Centre for Methods and Tools (2012). *A model for Evidence-Informed Decision-Making in Public Health*. [fact sheet]. Retrieved from www.nccmt.ca



Barriers to Using Research Evidence



- Lack of time
- Limited access to current literature
- Lack of actionable messages in research reports
- Limited critical appraisal skills
- Conflicting evidence between studies
- Organizational culture
- Lack of consensus on what is "evidence"

Wilson MG, Rourke SB, Lavis JN, et al. Community capacity to acquire, assess, adapt, and apply research evidence: a survey of Ontario's HIV/AIDS sector. *IS* 2011; *6*:54.

Lavis JN, Lomas J, Hamid M, et al. Assessing country-level efforts to link research to action. Bulletin of WHO 2006; 84:620-628



Overcoming Barriers

- Draw upon body of knowledge vs. single studies
 - E.g. systematic reviews and syntheses
 - Increases validity and applicability of evidence
- Draw upon existing evidence-based practices
- Applicable research; focus on use in daily practice
- Engage end-users
- Tailoring messages to end-users
- Increasing the value for research evidence

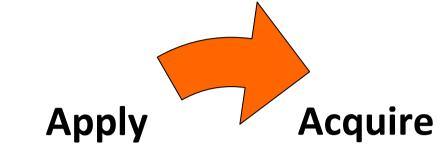
Lavis JN, Robertson D, Woodside J, et al. How can research organizations more effectively transfer research knowledge to decision-makers? *Millbank Q*, 2003; 81(2): 221-248.

Zarinpoush, F, Von Sychoski S, Sperling J. Effective Knowledge Transfer & Exchange for Non-profit Organizations: A Framework. Imagine Canada, 2007.

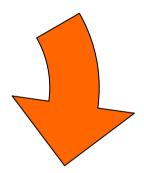












Adapt Assess
Research
scussion Guide

Health Services Resource Foundation (2005). *Is Research Working for You? A Self-Assessment Tool and Discussion Guide for Health Services and Policy Organizations*.





Benefits of EIDM

 Adoption of the most effective and costefficient interventions

- Careful use of limited resources (\$, time, people)
- Better health and social outcomes for individuals and communities





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Questions?

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