

Our Commitment

The Peel Heritage Complex strives to provide quality programming. All programs are designed to be 45 minutes to an hour in length. All materials are included.

In order to ensure the best experience for all, we ask you commit to the following:

- ◆ *Provide a space adequate for all to see and hear the Educator*
- ◆ *Ensure seniors arrive ON TIME (Educators visit more than one site per day)*
- ◆ *Promote our program to interested seniors and ensure they are in attendance*
- ◆ *A staff member MUST remain in the room AT ALL TIMES*
- ◆ *Tables, chairs and a water source*

The PHC reserves the right to discontinue presentations, if deemed necessary.



Peel Heritage Complex

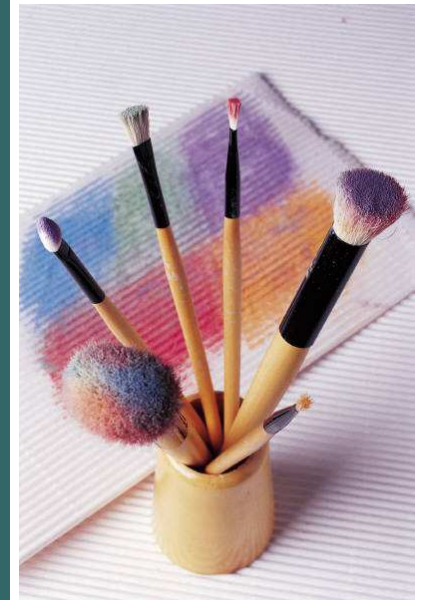
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Peel Heritage Complex

Young at HeArt

Art Workshops for Seniors



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Young at HeArt: Art Workshops for Seniors

For over a decade, the Peel Heritage Complex has visited numerous seniors facilities and residences in the Region of Peel.

In 2006, we introduced our **Young at HeArt** workshops. Since then, thousands of seniors have created one-of-a-kind works of art and enjoyed tapping into their creative sides!

Workshops are designed for both beginners and those who wish to refresh their artistic skills.

For only \$75.00 per session, up to 12 seniors can participate. Each workshop is an hour in length. You can book one session or an entire series of six workshops.

We can try to tailor a workshop to your site's individual needs.

The following are examples of our workshops:

Painting

From watercolours to our own special brand of fake oil paint, seniors will learn the basics of brush techniques and "tricks of the trade" used by professional artists.

Sculpture

Tactile mediums are a wonderful way to express oneself! From clay to found objects, sculpture brings the two-dimensional to life and off the page.

Mixed Media

Considered the "free-for-all" of art, mixed media art such as collage is limited only by the imagination. By using paper, paint and using unusual mediums, mixed media pieces are fun and messy!



Themed Workshops

Why not create something conducive to the time of year? Whether a special holiday or a project to reflect the season, themed workshops are a great way to celebrate!



Please Note: Seniors must be able to handle a paint brush and other art supplies.

Workshops are often messy!

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