



Malton Village ADS Insider

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January 2012

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Happy New Year! January is a good time to sum up the accomplishments of the Adult Day Service from the past year. Thanks to some additional Aging at Home funding, we were able to introduce enhanced services such as physiotherapy, music therapy and horticultural therapy. In addition, this funding allowed for a new staff position. The Support Worker position allowed for significant programs such as bathing, grooming as well as foot soaks. This past year, the ADS has almost doubled in the number of participants served and brought 3 new staff members to the program.

2012, will no doubt, be a promising year for ADS with some new and exciting programs. The new year also brings a renewal of our commitment to quality care and programs guided by the Region's Values of **Supportive and Respectful Environment, Teamwork, Effective Communication, Integrity and Quality Care.**

The ADS would like to wish you and your families a happy and healthy 2012!



Fond Farewell to Carolyn

Carolyn Williams has been the music therapist at Malton Village for over 3 years. She has been working part-time at Malton Village, while holding other job commitments in other areas of the city and at other programs. Recently, the offer of a full-time music therapy position at the Hospital for Sick Children was offered to her, beginning in the New Year. Her last scheduled day with the ADS is Thursday, January 12, 2012.

around music therapy here at Malton Village. It has truly been a privilege to work alongside such creative and caring people”.

We wish Carolyn all the best in her new endeavour. She will be greatly missed but we have no doubt that she will continue to touch the lives of many through her beautiful, inspiring music!!

Carolyn expressed what “a pleasure working with you all, developing the music therapy program to include the ADS program as well. Thanks for all of your support and encouragement



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Monthly calendars
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[www.peelregion.ca/
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Upcoming January events and program closures

January 4~ Peel Heritage Museum Visit

January 19~ Malton Play Learn Day Care visit

January 30~ Brampton Court House Outing

January 10 ~Elvis Presley Party with entertainer Mary Oakes

January 25~ Robbie Burns Day Celebration



January 27~ Pub Social

January 31~"January" Birthday Celebration

Malton Village: A Family Affair

Atilio and Ester Bernardi began attending the ADS in the beginning of 2011. The program was initially intended to provide Atilio, who has Alzheimer’s Disease, a safe, secure and stimulating environment. Ester joined along in order to make his transition into the ADS a smooth one. What was supposed to be a temporary plan turned into a permanent one. Ester enjoyed her days with the ADS so much she decided to continue attending on an ongoing basis. Attending the program 3 times a week, they both engaged in their own activities of interest. Atilio could be seen using his professional baker’s talent in the kitchen or moving to the music on the dance floor. Ester, on the other hand, can not sit still! She is considered to be our very own “unofficial volunteer” helping with setting the table, watering the plants, decorating the space.....and the list goes on. In late summer, Atilio moved into a Long term care centre, while waiting for his first choice, Malton Village. Early December a room was available and Malton Village became his new home. Ester and the Bernardi family were so happy and couldn’t have asked for a better Christmas present. On his first day, he visited his friends in the ADS. The smile on his face was

remarkable as he began greeting staff and clients and extending hugs and kisses to all. It was obvious to everyone, he felt an immediate sense of belonging and connectedness to the ADS. Today, Ester continues to attend 3 times a week visiting Atilio frequently during her days at the ADS. She has expressed several times that if and when she is no longer able to remain at home, Malton Village will also become her new home!!



Atilio and Ester Bernardi with Tania Nesbny (LTC Activation Therapist) and Hina Luqman (ADS Support Worker)



SPOTLIGHT ON CAREGIVERS

The Ontario Dementia Network is inviting caregivers of persons with dementia to take part in a survey to explore the possibility of establishing one or more after hours Dementia Help Lines in Ontario. Caregivers play a crucial role in supporting persons with dementia. They are interested in knowing if telephone support, available after business hours, would be beneficial to caregivers.

The web link is: <https://www.surveymonkey.com/s/32B8L39>. The survey should only take a few minutes to complete and will provide valuable information which will be beneficial to caregivers in the future.

SNAPSHOTS OF December



Busy with Christmas Preparations



Conga Line to "Feeling Hot Hot Hot"



Enjoying lunch out at Cloverdale Mall



Bernardo and Rosa Gomez enjoying the Christmas Celebration

**Acting Supervisor**

Nancy Fazzalari

Assistants

Linda Petraccone

Mabel Oppong-Agyei

Nadia Musah

Daniela Azzopardi

Evol Williams

Support Workers

La'Koya Brown

Hina Luqman

Henva Forte



Malton Village ADS Celebrates the Holidays with Family and Friends!

The Malton Village Adult Day Service held its annual Family Christmas Luncheon on Wednesday December 14 and what a hit it was! This year the turnout was the largest ever. The clients and family members were treated to a festive turkey lunch, decadent desserts including an endless chocolate fountain, fabulous raffle prize and of course no party would be complete with out musical entertainment. At one point during the afternoon, a conga line formed with over 15 people circling the centre to "Feeling Hot Hot Hot". The party wouldn't have been a success with out the help of the entire Centre. Thanks go out to all the departments including Activation, Maintenance, Dietary and Housekeeping. A special thank you is also extended to all the staff of the ADS for all their hard work and enthusiasm in making this event an enormous success! A special thank you is also extended to all the staff of the ADS for all their hard work and enthusiasm in making this event an enormous success!

