

Water-Wise Gardens Plant Guide – Native Trees, Shrubs, Flowers

Trees

Common Name	Botanical Name	Size (height)	Exposure	Bloom Time	Features
Northern White Cedar	<i>Thuja occidentalis</i>	12-21m 40-70ft)	sun to part shade	not significant	Good privacy screen produces cones
Eastern White Pine	<i>Pinus strobus</i>	Up to 30 m (100ft)	sun to part shade	not significant	Likes well drained soils, produces cones
White Birch(paper)	<i>Betula papyrifera</i>	6 – 20 m (50-70ft)	sun to part shade	not significant	Beautiful white bark
Spruce	<i>Picea species</i>	12-30m (40-100ft)	sun to part shade	not significant	Good shade tree(Norway spruce not native)
Balsalm Fir	<i>Abies balsamea</i>	12-18m (40-60ft)	sun to part shade	not significant	Animal food source in winter
Oak	<i>Quercus species</i>	15-27m (50-90ft)	sun	not significant	Produces acorn nuts
Maple	<i>Acer species</i>	30m (up to 100ft)	sun or part shade	spring	Produces keys(seeds)

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Shrubs

Common Name	Botanical Name	Size (height)	Exposure	Bloom Time	Features
Saskatoon Berry	<i>Amelanchier alnifolia</i>	Up to 3.5m (11ft)	sun to part shade	June	White flowers in June. Purple berries in August. Host to butterflies
New Jersey Tea	<i>Ceanothus americanus</i>	30-100cm (1-3ft)	sun	June to July	White flowers host to butterflies
Highbush Cranberry	<i>Virburnum trilobum</i>	Up to 4.5m (15ft)	sun	Mid May to June	Red fruits provide great winter colour
Red Osier Dogwood	<i>cornus stolonifera</i>	1-3m (3-10ft)	sun to part shade	mid May to late June	White flowers and berries, beautiful red branches in winter
American Elderberry	<i>Sambucus Canadensis</i>	2.4-3.6m (8-12ft)	full sun	White flowers in June	Purple berries for birds in lates summer
Purple Flowering Raspberry	<i>Rubus odoratus</i>	Up to 2m (6ft)	shade to part sun	July to August	Purple flowers

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Flowering Plants

Common Name	Botanical Name	Size (height)	Exposure	Bloom Time	Features
Wild Columbine	<i>Aquilegia canadensis</i>	Up to 45cm (18in)	does well in dry shade	spring early summer	Beautiful red flowers with yellow centres
New England Aster	<i>Aster Laevis</i>	Up to 80cm (32in)	sun to part shade	late fall into November	Dry soil, blue flowers
Butterfly Weed	<i>Asclepias tuberosa</i>	30-60cm (12-24in)	sun to full sun	August to September	Bright orange flowers attracts butterflies
Spreading Dogbane	<i>Apocynum androsaemifolium</i>	60-100cm (24-40in)	sun to part shade	June to July	Fragrant pink flowers
Showy Tick-trefoil	<i>Desmodium canadensis</i>	Up to 1.2m (4 ft)	sun to shade	July to August	Magenta flowers dry to moist conditions
Long-leaved Bluets	<i>Hedyotis longifolia</i>	Up to 20cm (8in)	full sun	May to June	White flowers great for rock gardens
Wild Bergamot	<i>Monarda fistulosa</i>	Up to 80cm (32in)	sun to part shade	Mid June to July	Lavender flowers
Foxglove Beardtongue	<i>Penstemon digitalis</i>	60 -120cm (2 to 4ft)	sun to part shade	May to July	White with pink
Wild Lupin	<i>Lupinus perennis</i>	27cm (12in)	sun to part shade	June early summer	Purple stalks of flowers
Iron weed	<i>Vernonia fasciculata</i>	1.2 to 2.4m (4 to 6ft)	sun	July-September	Deep pink spires