novel coronavirus (COVID-19)

Do your part. Stay apart.

Your actions matter now, more than ever

Stay home
Only go out for essential reasons (food and medicine)

Wash your hands
with soap and water frequently or use an alcohol-based hand sanitizer

No gatherings of more than 5 people

Avoid touching your eyes, mouth and nose

Practice physical distancing

Cover your coughs and sneezes
Use your upper sleeve or elbow, not your hands

For more information visit peelregion.ca/coronavirus

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