



# Alcohol: the whole truth



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## **Bingo - Teacher Answer Key**

*Please choose questions at random. Read the question or statement a loud and have the students guess the answer. The answers are what is found on the drug prevention Bingo card.*

Q: When a friend or group of friends tried to get you to do something in order to fit in

**A: Peer Pressure**

Q: Drinking alcohol can affect your \_\_\_\_\_ which can cause you to stumble or fall.

**A: Balance**

Q: If you drink alcohol under age or are found with illegal drugs such as marijuana in your possession, you can get in trouble with the \_\_\_\_\_.

**A: Police**

Q: \_\_\_\_\_ is a drug that effects your balance and coordination

**A: Alcohol**

Q: You need a note from your doctor in order to get this type of drug

**A: Prescription Drugs**

Q: You don't need a prescription to get these drugs, found on the shelves of stores like Shoppers Drug Mart

**A: Over the counter drugs**

Q: The alcohol and tobacco companies use \_\_\_\_\_ such as ads on TV, radio and print in magazines to try and get people to buy their products.

**A: Media**



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Q: If you drink a lot of alcohol or take drugs in a way that it is not meant to be used you can end up with serious \_\_\_\_\_

**A: Health Problems**

Q: This drug is illegal and had other names like weed and pot

**A: Marijuana**

Q: If someone drinks alcohol or takes drugs before driving, they can get into a \_\_\_\_\_ because their mind and body are altered.

**A: Car Crash**

Q: When you keep a secret from your parents or teacher you may have to \_\_\_\_\_ in order to keep it from them.

**A: Tell Lies**

Q: Drinking alcohol can cause someone's head to hurt, also known as a \_\_\_\_\_ because their brain is not getting enough nutrients

**A: Headache**

Q: Using alcohol and other drugs might change the way you interact with your friends and you might start to hang out with different people and \_\_\_\_\_

**A: Lose Friends**

Q: Using alcohol and other drugs can damage your \_\_\_\_\_ amongst other things

**A: Relationship with Parents**



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Q: Drinking alcohol can make you feel \_\_\_\_\_ to your stomach and you might become nauseous and throw up.

**A: Sick**

Q: You might get \_\_\_\_\_ if you choose to use drugs because it effect the way you think and act.

**A: Failing Grades**

Q: Drinking alcohol puts people at risk for \_\_\_\_\_ because it affects your coordination and balance.

**A: Injuries**

Q: If someone offered you drugs or alcohol, you can refuse by turn around and \_\_\_\_\_.

**A: Walk Away**

Q: Eating well and exercising are ways to keep you \_\_\_\_\_.

**A: Healthy**

Q: If a person drinks too much alcohol at one time, they can get \_\_\_\_\_ which is when their breathing slows; they may pass-out and this can lead to death.

**A: Alcohol Poisoning**

Q: When some people drink, they can become angry and violent and may start a \_\_\_\_\_.

**A: Fight**



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Q: Alcohol and other drugs cause cells in the brain to die and can lead to \_\_\_\_\_.

A: **Brain Damage**

Q: \_\_\_\_\_ can lead to lung cancer.

A: **Smoking**

Q: If you drink underage or get caught with an illegal drug, you could end up in \_\_\_\_\_.

A: **Jail**

Q: If someone offers you drugs, one way that you can refuse is by making a joke or \_\_\_\_\_.

A: **Use Humour**

Q: If you need to talk to someone about alcohol and other drugs, you can turn to a \_\_\_\_\_ like your parents, teacher or a coach.

A: **Trusted Adult**

Q: Before you make a decision about trying drugs you should stop and \_\_\_\_\_ about what could happen.

A: **Think**

Q: Stimulant drugs such as caffeine increases the functions of the central nervous system which means it increases your breathing and \_\_\_\_\_.

A: **Heart Rate**



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Q: Drinking alcohol affects your coordination and balance which can put you at a higher risk for \_\_\_\_\_ and other injuries.

A: **Falls**

Q: Drinking underage or using other drugs can lead you to \_\_\_\_\_ with your parents and/or the law.

A: **Get in Trouble**

Q: A \_\_\_\_\_ is any substance other than food which changes the way your mind or body works.

A: **Drug**

Q: Smoking affects the \_\_\_\_\_ which can lead to lung cancer.

A: **Lungs**

Q: The legal drinking age in Canada is \_\_\_\_\_.

A: **19**

Q: A term for someone who is not under the influence of alcohol or drugs is \_\_\_\_\_.

A: **Sober**

Q: \_\_\_\_\_ is the most used drug in the world.

A: **Alcohol**

Q: If someone drinks alcohol and then drives their car, they can be pulled over by the police and charged with a \_\_\_\_\_ also known as Driving Under the Influence

A: **DUI**