



Body and Beauty Art

Facials

What is the health risk?

You and your clients are at risk of being exposed to HIV, Hepatitis B, Hepatitis C or other microorganisms such as bacteria or fungi.

You do not have to see blood or body fluids on equipment or surfaces for an infection to occur.

Before you begin a service:

- Wash your hands for at least 20 seconds with liquid soap under warm running water and then dry with disposable paper towel; see the **Handwashing poster**.
- Wear single use, disposable gloves for each client during extractions and discard gloves after each client.
- Use disposable applicators to dispense creams, lotions, and other skin care products if applied directly onto skin. Do not “double dip” as this can cause infections.

After you have finished a service:

- Wash your hands for at least 20 seconds with liquid soap under warm running water and then dry with disposable paper towel, even if gloves were worn during the service.
- Dispose of sharps in a puncture resistant sharps container. Do not overfill, empty, or touch contents of a sharps container. Do not discard sharps into the municipal garbage.
- Discard all single use, disposable items, such as facial sponges and applicators after each client.
- Clean* and then disinfect reusable instruments/equipment that come into direct contact with the client’s skin, such as extractors, using an intermediate level disinfectant such as 70% isopropyl alcohol. Allow the instrument to soak in the disinfectant for 10 minutes.
- Launder used towels, sheets and linen after each client and store them in a sanitary manner.
- Clean* and then disinfect work surfaces, such as tables and headrests, using a low level disinfectant, such as 1 tsp of bleach with 10 cups of water allowing it to contact the surface for 10 minutes.
- Change the water used in facial steamers at least once a day.
- Keep records of accidental blood and body fluids exposures on site for a minimum of one year and on file for five years.

*See the **General and Operational Requirements fact sheet for detailed cleaning and disinfecting steps.**

Additional Requirements:

- Do not use tweezers or any other instrument to remove ingrown hairs.
- Use only single use, sterile needles/lancets to expose ingrown hairs and then use tweezers to pull the hair out.
- **Never** reuse needles/lancets even on the same client.

Source: The Ministry of Health and long Term Care, Infection Prevention and control Best Practices for Personal Services Settings, January, 2009.

July 2014