



Body and Beauty Art

Personal Services Settings- General and Operational Requirements

What is the Health Risk?

You and your clients are at risk of being exposed to HIV, Hepatitis B, Hepatitis C or other microorganisms such as bacteria or fungi.

You do not have to see blood or body fluids on equipment or surfaces for an infection to occur.

Structural Requirements:

- Work areas must be clean, tidy and well lit.
- Work surfaces, such as headrests and tables, must be smooth, non-absorbent, easily cleanable and maintained in good repair.
- A sink for handwashing located near the work area is required. The sink must be supplied with liquid soap, single-use paper towel and hot and cold running water at all times.
- If only one sink is available on the premises, it may be used for both hand washing and the cleaning of equipment. The sink must be available for hand washing during any time a procedure is being offered.
- The sink used for the cleaning of equipment must be large enough to accommodate the biggest piece of equipment you will be cleaning.
- The sink must be located at least one metre away from where sterile or clean supplies are stored.

Supplies:

- Provide utility gloves, soap and a designated scrub brush for the cleaning of equipment.
- Provide liquid soap for handwashing.
- Provide waste receptacles located near the handwashing sink and in the service area(s).
- Provide a disinfectant; a disinfectant must be available at all times. See the **Disinfection of Instruments and Equipment chart** for more information.
- Disinfectant labels must have a Drug Identification Number (DIN), with the exception of bleach, hydrogen peroxide, and alcohol.
- Glass bead sterilizers and **UV light sterilizers are not approved** for use in personal services settings.
- Provide an approved sharps container with a tight fitting lid that bears a clearly identifiable biological hazard symbol, which is puncture resistant, tamper-resistant, leak proof, and impenetrable by sharps.
- Provide and use single use applicators to dispense wax, creams or lotions. Do not “double dip” as this can cause infections.
- Provide a first aid kit for workplace accidents and injuries.
- Keep accidental blood and body fluids exposure records on-site for a minimum of one year and on file for a minimum of five years.



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Before you begin a service:

- Consider all clients as being potentially infected with a disease.
- Wash your hands for at least 20 seconds with liquid soap under warm running water and then dry with disposable paper towel; see the **Handwashing poster**.
- Wash your hands even if you intend to wear gloves.
- Examine the client's skin or body to ensure it is free from any cuts, wounds, rashes or visible infections around the area you will be working on.
- Wear gloves, gowns and eye protection for services that intentionally penetrate the skin or when you handle items visibly soiled with blood or body fluids.
- Do not eat, smoke or drink in the client service area or while providing a service.
- Provide freshly laundered robes, linens and towels for each client.

After you have finished a service:

- Wash your hands for at least 20 seconds with liquid soap under warm running water and then dry with disposable paper towel, even if gloves were worn during the service.
- Discard single use equipment immediately after the completion of a service.
- Dispose of sharps in an approved puncture resistant sharps container. Do not overfill, empty, or touch contents of a sharps container. Do not discard sharps into the municipal garbage.
- Clean and then disinfect or sterilize reusable equipment after each client using the following process:
 1. Clean using soap, water and a scrub brush.
 2. Rinse with clean warm water.
 3. Air dry or dry with a single use paper towel.
 4. Soak in an approved disinfectant OR sterilize*.
 5. Store cleaned and disinfected items in a clean drawer or container with a lid.

*See the **Cleaning, Disinfection and Sterilization of Equipment poster**
- Clean and then disinfect work surfaces using a low level disinfectant, such as 1 tsp of bleach to 10 cups of water, allowing it to contact the surface for 10 minutes.

Get vaccinated. The Hepatitis B vaccination is strongly recommended.

Source: Ministry of Health and Long Term Care, Infection Prevention and Control Best Practices for Personal Services Settings, January 2009.

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