



Body and Beauty Art

Micropigmentation (Permanent Make-up) using a Pen Style Machine

What is the Health Risk?

You and your clients are at risk of being exposed to HIV, Hepatitis B, Hepatitis C or other microorganisms such as bacteria or fungi.

You do not have to see blood or body fluids on equipment or surfaces for an infection to occur.

Only micropigmentation pens/devices that are designed in a manner that prevents the back flow of blood/body fluids and ink into the hand piece are permitted for use.

Before you begin a service:

- Set up all equipment and supplies that will be used.
- Cover equipment, such as light fixtures and parts of the micropigmentation pen/device that cannot be cleaned and disinfected with a single use plastic wrap. Change the plastic wrap between clients.
- Dispense tissues, wipes and jelly prior to starting each service. Unused items or portions must be discarded after each client.
- Clean* and then disinfect all disposable ink caps prior to use with an intermediate level disinfectant, such as 70% isopropyl alcohol. Allow the ink caps to soak for 10 minutes in the disinfectant.
- Wash your hands for at least 20 seconds with liquid soap under warm running water and then dry with disposable paper towel; see the **Handwashing poster**.
- Wear new, single use, disposable gloves.
- Check client's skin; avoid micropigmentation within 6 inches of skin that is inflamed, infected or has a rash.
- Clean the client's skin with an antiseptic such as, 70% isopropyl alcohol, using a clean disposable swab.
- Use single use, disposable razors if skin must be shaved. Immediately discard the razors into a puncture resistant sharps container after each client.
- If the area to be micropigmented is to be marked, mark the site using the procedure below:
 1. Clean with a skin antiseptic, such as 70% isopropyl alcohol, using a disposable swab.
 2. Mark (use iodine felt tip pen, gentian violet or iodine using a tooth pick).
 3. Allow the marking site to dry.
 4. Clean for a second time with an approved skin antiseptic.
- Use sterile, single use, disposable needles and needle cartridge systems. Needles must **never** be reused, even on the same client.
- Open all sterile packaging in view of the client.



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After you have finished a service:

- Wash your hands for at least 20 seconds with liquid soap under warm running water and then dry with disposable paper towel; see the **Handwashing poster**.
- Provide verbal and written aftercare instructions to your client.
- Discard used needles into an approved puncture resistant sharps container. Do not overfill, empty, or touch contents of a sharps container. Do not discard sharps into the municipal garbage.
- Stencils must be discarded after each client.
- Discard any unused tissues, wipes and jelly portions after each client.
- Discard used ink caps.
- Clean* and then disinfect work surfaces, with a low level disinfectant, such as 1 tsp of bleach with 10 cups of water allowing it to contact the surface for 10 minutes, after each client.
- Use a high level disinfectant such as, ¼ cup of bleach to 2 ¼ cups of water, if surfaces become contaminated with blood or body fluids; allow the disinfectant to contact the surfaces for 10 minutes.
- If using reusable ink caps, these must be cleaned with soap and water and then sterilized, using an approved sterilizer. (Contact your Public Health Inspector for information regarding approved sterilizers and additional requirements).

*See the **General and Operational Requirements fact sheet for detailed cleaning and disinfecting steps.**

Records:

- Micropigmentation is an invasive procedure. Records must be kept of every client who has received an invasive procedure. This record must include
 - date of procedure;
 - full name (first and last) of personal service worker;
 - client's full name (first and last);
 - complete mailing address ;
 - telephone number;
 - details of the procedure carried out.
- Keep client records and accidental blood and body fluid exposure records on site for a minimum of one year and on file for five years.
- Maintain records for any instruments purchased as sterile, pre-packaged.

Additional Requirements:

- Discard gloves if breaks in service have occurred while treating the same client. Wash hands before and after using gloves.
- Use single use applicators to dispense all creams, lotions or ointments. Do not "double dip" as this can cause infections.
- Refer to tattooing fact sheet if a tattoo machine is used for micropigmentation.

Source: Ministry of Health and Long Term Care, Infection Prevention and Control Best Practices for Personal Services Settings, January 2009.

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