**HEAD LICE DETECTION MAP**

*If your child has been in contact with a **confirmed case** of head lice, check your child’s head for lice/nits every 2 days for 10 days.*

**Fast Facts about Head Lice**
- Head lice have been a common problem for thousands of years.
- Head lice do not cause illness or disease.
- Head lice have 6 strong claws that hold tightly to a hair shaft.
- Head lice can only survive on human heads, not pets or other animals. Head lice or nits are not likely to survive off of the head for more than 3 days.
- Head lice do not fly or jump. They crawl from one person to another by close head-to-head contact.
- Anyone can get head lice.

Check your child’s head once a week for live lice or nits using one of the following detection methods.

**VISUAL**
1. Have your child sit in a chair under a bright source of light. (Sunshine works best).
2. Look very closely through your child’s hair, especially in the areas behind the ears, nape of the neck and top of the head (crown).

**COMB OUT**
1. Have your child sit in a chair under a bright source of light. (Sunshine works best).
2. Part your child’s hair into sections and comb through each section.
3. Inspect each section for nits and live lice.

**CONDITIONER COMB THROUGH**
1. Apply white conditioner to dry hair, covering root to tip.
2. Comb conditioner through hair with an ordinary comb and divide into sections.
3. Use a lice comb to comb through every section of hair.
4. Wipe the lice comb onto a white towel or paper towel each time.

**TREAT right away**
- Refer to “Effective Treatment of Head Lice” resource sheet.
- Notify your school and contacts.

**REMEMBER:**
- If live lice are found, start using the “**Effective Treatment of Head Lice**” resource sheet.
- Check every family member’s head if you find live head lice. Treat only if live head lice are found.
- Tell the school, day care centre, parents of friends of the child, etc about the detection of live lice.
- For more information and assistance, contact Peel Public Health
  - 905-799-7700
  - [www.peelregion.ca](http://www.peelregion.ca)