

Malton Village

Senior Services Development Newsletter

Fall 2022



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Director's message

An update from the desk of Donna Kern,
Peel Region's Director of Seniors Services Development



Hello everyone – welcome to our fall 2022 newsletter. I hope that you are all well and staying safe, and that you had a wonderful summer.

I know many of you took part in our ongoing Adult Day Services (ADS) programs during the summer months. I loved seeing all the photos of you having a great time. Our team continues to enjoy offering you support, as well as resources and information to help you and your families.

Our programs are a wonderful opportunity for social interaction, companionship, and camaraderie in a safe and caring environment. Socialization is important for cognitive function. And at the end of the day, it simply feels good to be around others. Please continue to review our bi-weekly newsletter for the various resources and activities that are taking place in our centres and in the community.

I also wanted to let you know that our Adult Day Services' Saturday programs will be re-opening at some locations starting Saturday, November 19. This marks the first re-opening since March 2020. The service will resume at Malton Village, Peel Manor, and Sheridan Villa. Saturday service will resume at the Davis Centre in the new year. We will continue to operate rapid antigen testing and screening on weekends and our normal Infection Protection And Control precautions. If you are interested in participating or if you have any questions, please connect with your ADS Coordinator.

Work continues on our Seniors Health and Wellness Village (SHWV). We have had delays due to the ongoing pandemic and labour shortages impacting the construction industry.

Now that things have opened, we are hoping to be in our new home by mid-2023.

The SHWV will replace our oldest long-term care centre Peel Manor and will be home to 177 residents. It will include a service hub with multiple health and social supports for our community seniors. We will have many health professionals in one place to help meet your care needs.

COVID-19 cases in our community continue to remain a lot higher than we would like to see. Please take all precautions in your daily interactions such as: consider continuing to wear a well-fitted mask in all public settings, washing your hands frequently and staying up to date with your vaccinations. You are still required to wear a mask when attending our ADS programs, and if you are feeling ill, please stay home until you recover.

As of October 17, Health Canada approved the Pfizer bivalent vaccine in addition to the Moderna bivalent vaccine for those aged 12 and over, if they have completed their primary COVID-19 vaccine series. The bivalent booster protects against the currently circulating COVID-19 variants. For questions about eligibility or booking a COVID-19 vaccine, speak with your health care provider or call the Provincial Vaccine Contact Centre at 1-833-943-3900 (TTY for people who are deaf, hearing-impaired or speech-impaired: 1-866-797-0007) to speak to a health specialist.

Please email us at seniorsvillage@peelregion.ca for any SHWV-related questions. You can also reach out to an ADS centre of interest or email adultdayservices@peelregion.ca for ADS program questions. Please continue to stay safe and take good care of yourselves.

Sincerely,

Donna Kern
Director of Seniors Services Development

From the Community Support Services Manager's desk...

I hope that you all had a wonderful summer and that you were able to enjoy a few summer activities before the colder weather sets in. It has been a challenging year and I am grateful for your patience as we continue to navigate the ongoing pandemic while continuing to try and increase service levels to meet your needs.

We will continue to provide you with COVID-19 related updates as they become available, and we continue to work with our partners at Peel Public Health to ensure that clients are able to attend our in-person programs as safely as possible.

While our in-person services are operating at reduced capacity, our virtual programs continue to be available at no cost to both registered and waitlisted clients. I am also thrilled to share that our Saturday services are scheduled to open at most locations beginning November 19th. This is another important milestone for our in-person service recovery. If you are interested in participating in virtual programming or weekend service or would like more information, please reach out to your ADS coordinator.

You may have seen a photographer at our different centres taking photos of clients participating in various activities. We are hoping to use the photos on our website and on our social media channels to promote our programs. You can see some of the photos used throughout this newsletter issue.

I am excited to share that later this year we will be updating our current electronic health record system. The new systems will save our staff time and will provide a more detailed invoice for our clients and caregivers. For clients who attend more than one of our ADS programs, our staff will be able to share client updates easily with team members which will result in better client care. As we get closer to our implementation date, we will share more updates about what you can expect from this change.

Whitney Harrison

Manager of Community Support Services



Update on our Seniors Health and Wellness Village at Peel Manor

Initiative Updates

Construction

We continue to make progress in the development of our new Seniors Health and Wellness Village at Peel Manor building. Unfortunately, based on the most recent construction status, and the forecasted rate of progress, our planned move to the new building is delayed until at least spring 2023.



Integrated Care Program

We are now working on the third major phase of our integrated care pilot program at Peel Manor. Our goal is to provide clients, and their caregivers, with wrap-around services and supports. We recently had a Home and Community Care Support Services (HCCSS) Care Coordinator assigned to join the integrated care team supporting our pilot program and are also getting ready to start offering primary care supports to a small number of clients. We plan to continue evolving this pilot program in the months ahead to allow for increased service capacity. We are also looking to implement new technology that will allow for improved collaboration between team members and service partners.



Signage and wayfinding

The main floor of our Seniors Health and Wellness Village at Peel Manor building will serve as a “Service Hub”. It will include an Integrated Care Clinic, Overnight Respite Centre, and a variety of other community supporting spaces.

We have designed the Service Hub to be highly accessible and easy to navigate. For example, the signage will have distinct, bright colours and incorporate icons to help visitor easily distinguish between spaces. We’ll also have a Main Reception supported by staff and volunteers who can address the needs of building users in relation to both information and wayfinding supports.



From the ADS Supervisor's Desk...



This fall brings us many exciting programs and services at the day program. Our clients participated in the Road Worlds cycling competition for the month of October! They competed against 200 other centres to travel the furthest by recording their km's on a daily basis. It was a great way to get in extra exercise and explore new cities and sites!

Saturday service

In November we plan on expanding our services to include Saturdays. Saturdays will be open from 8:30 a.m. – 3:30 p.m.

Limited spots are available, so please contact the Coordinator or Supervisor if you are interested in registering for an additional day.

Welcome back Daniela and Robin!

At the end of November Daniela will be returning to the program on a full -time basis. Daniela has been on maternity leave enjoying time with her son Jake.

Robin will be also be returning to her role as a part time support worker. Robin has been redeployed to long term care supporting pandemic related work. We look forward to having them both back as part of our team!

Jeanie Papaconstantinou
Supervisor, Adult Day and
Community Support Services

Recreation Calendars

Monthly recreation calendars can be found on our website for virtual and in-person programs:

<https://www.peelregion.ca/ltc/programs/malton-village-ads.htm>



Social work update

Hello from the social work team!

I wanted to take this opportunity to share that we have a new Social Worker student joining us. Please welcome Hannah Stillman to the team. Hannah is completing her Advanced standing Master of Social Work degree at the University of Toronto. Hannah will be with us until April 2023.

Hannah will assist in making more connections with our clients and caregivers. If you need assistance with navigating services, counselling, education and/or resources, we would be happy to connect with you.

Our Virtual Caregiver Retreat is scheduled for November 10 from 9:30 a.m. to 12:30 p.m. Our theme is **Refresh, recharge and renew**. A motivational speaker will be joining us, and there will be various breakout rooms with some fun activities. We really hope you can join us!

If you are interested in joining our new initiative, Virtual Caregiver Retreat Day or would like to connect with the Social Work team, please feel free to contact Yasmeen Rafiq at 416-409-0287 or yasmeen.rafiq@peelregion.ca.

Please register in advance for this online event:

<https://bit.ly/3VdUN8P>. The first 50 registrants will receive a goodie bag by mail! If you have any questions or need assistance to sign up for the retreat online, please contact: Fang Xu at 437-224-8932, Janet Hobson at 437-224-8759, or Mabel Oppong-Agyei at 437-236-5843.

Take good care,

Yasmeen Rafiq
Social Worker



An update from the ADS Nurses' corner

Influenza (Flu shot):

Influenza is an infection of the respiratory system caused by the "influenza virus". Symptoms can include: fever, headache, muscle pain, runny nose, sore throat, extreme tiredness, and cough.

Although infections from other viruses may have similar symptoms, those due to the influenza virus tend to be worse with a greater risk of complications.

The flu shot is different each year because the virus changes – this is why you need to get it annually.

Individuals 5 years and older can receive the flu shot at the same time or any time before or after the COVID-19 vaccine.

The flu shot **will not** protect you from COVID-19.

For more information about the influenzashot visit:

<https://www.peelregion.ca/flu>
<https://www.canada.ca/en/public-health/services/diseases/flu-influenza.html>

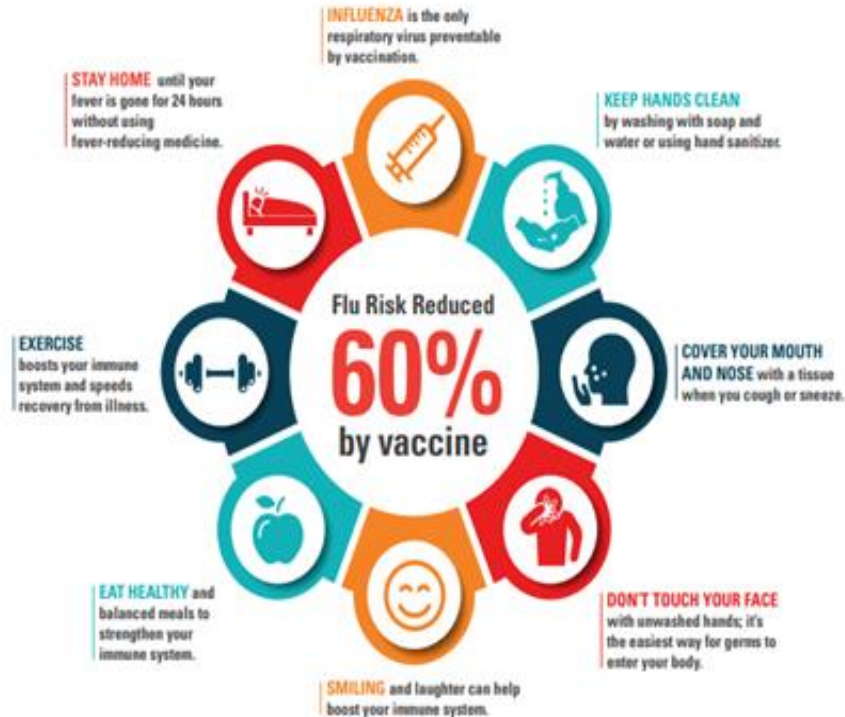
Coronavirus Information



If you had already received your Bivalent/COVID-19 Booster or Flu shot in the community, please provide the receipt to the ADS nurses to update our records.

If you are interested in receiving your flu shot at the Adult Day Program, please fill in and sign the consent to administer form, which is available at each centre.

Flu Prevention Tips



Bivalent booster

As of September 26, if you're 18 years or older, you can book a bivalent booster appointment. It's recommended that you receive a booster 6 months after your last dose, or a minimum of 3 months between doses.

About the bivalent

Health Canada authorized an adapted version of the Moderna Spikevax COVID-19 vaccine. This vaccine (known as a "bivalent" vaccine) targets the original SARS-CoV-2 virus from 2019 and the Omicron (BA.1) variant. It's authorized for use as a booster dose in individuals 18 years or older.

For more information about the COVID-19 vaccination please visit:

<https://www.peelregion.ca/coronavirus/vaccine/>
<https://www.canada.ca/en/public-health/services/diseases/coronavirus-disease-covid-19/vaccines.html>