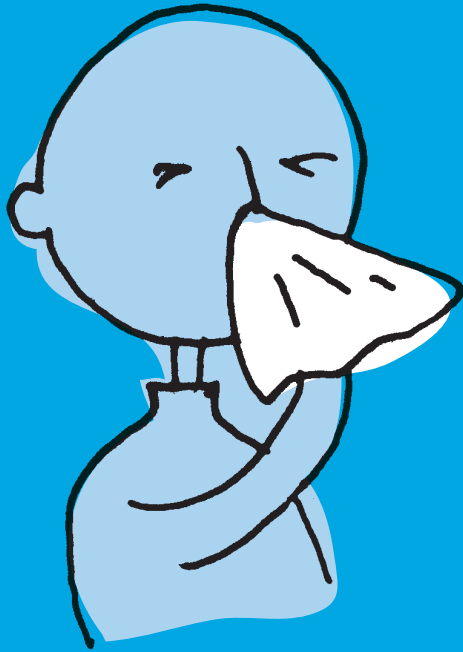


# When you cough or sneeze...

- cover your cough with a tissue or your arm
- put used tissues in the waste basket
- clean your hands with soap and water or alcohol-based hand cleaner



 **Region of Peel**  
*Working for you*  
Public Health