

Mississauga

Food Banks, Pantries and Meal Programs for People Experiencing Homelessness during COVID-19

Organization	Type	Location	Hours
211 Central	For information about community programs and services	Call 211	24 hours per day 7 days per week
The Compass	Food bank	310 Lakeshore Rd. W Mississauga Call 905-274-9309	Monday 12:00pm - 7:30pm Wednesday and Friday 10:00am - 5:00pm Call for appointment if possible.
Eden 2	Meal program and Food bank	3185 Unity Drive Mississauga Call 905-785-3651	Tuesday 5:00pm - 8:00pm Wednesday 1:00pm - 4:00pm Friday 10:00am - 1:00pm
Eden 1	Food bank	3051 Battleford Rd. Mississauga Call 905-785-3651	Monday 10:00am - 1:00pm Thursday 5:00pm - 8:00pm
The Mississauga Food Bank	Food bank	3121 Universal Dr. Mississauga Call 905-270-5589	Monday, Tuesday and Thursday 9:00am - 5:00pm Wednesday 9:00am - 8:00pm Friday 9:00am - 1:00pm
Mississauga Seventh Day Adventist Church	Food pantry	2250 Credit Valley Rd. Mississauga Call 905-608-0013 ext. 3	Tuesday and Wednesday 11:00am - 3:00pm Call for appointment if possible.
Sai Dham	Meal program and Food delivery	Deliver to any location Call 437-988-4422	7 days per week 10:00am - 10:00pm
St. Hilary's	Food pantry	2055 Hurontario St. Mississauga Call 905-279-2304	Thursday 10:00am - 12:00pm (Not able to enter facility, instructions at the door)
Seva Food Bank	Food bank	2832 Slough St. Mississauga Call 905-361-7382 ext. 2	Wednesday and Thursday 4:00pm - 8:00pm Friday 11:00am - 3:00pm
Street Outreach	Multi-disciplinary team (food, mental health, addiction, emergency shelter)	Meets people where they are at Call 1-877-848-8481	Monday to Friday 9:00am - 9:00pm Weekends 11:00am - 3:00pm
YMCA Mississauga	Food pantry	325 Burnhamthorpe Rd. W Mississauga Call 905-897-9622	Tuesday 1:00pm - 4:00pm Saturday 4:00pm - 7:00pm

For more information on available community resources for people experiencing homelessness during the pandemic, please contact: **Street Outreach Team** at 1-877-848-8481, **Region of Peel** at 905-453-1300 or **211 Central** at 2-1-1.