Community & Professional Smoking Cessation Resources in Peel Region

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Faculty/Presenter Disclosure

• Faculty: Dr. Megan Ward

• Relationships with commercial interests: None
Disclosure of Commercial Support

• This program has received financial support from Peel Public Health in the form of health promotion dollars.

• This program has not received in-kind support.

• Potential for conflict(s) of interest:
  - None
Mitigating Potential Bias

- Not applicable
Peel Health Professionals Website
Smoking Cessation Resources

http://www.peelregion.ca/health/professionals/smoking-cessation.htm
Case 1

• 70 yr. old female patient with moderate COPD asks for assistance to quit smoking. Patient has limited financial resources & is not a member of a Family Health Team or Community Health Centre.

Available Resources include:
• Breathe Better Live Better COPD Education Program
• Expanded Professional Pharmacy Services - Smoking Cessation Program for Ontario Drug Benefit recipients:
• Ontario Drug Benefit (ODB) Plan coverage of Champix® and Zyban®
• William Osler Health Centre "Kick It" program
• Smoker’s Helpline

Health Provider Resources:
• Smoking Cessation Billing Codes
• Training resources (i.e. TEACH)
Case 2

- 19 year old male patient; student @ Sheridan College agrees to make a quit attempt but doesn’t think he can quit smoking without assistance.

Available Patient Resources include:
- **Leave the Pack Behind**, a program available for students enrolled in post secondary institutions (Sheridan & UTM)
- **Smoker’s Helpline**: online and text messaging
- **William Osler Health Centre "Kick It" program**

Health Provider Resources:
- **Smoking Cessation Billing Codes**
- **Training resources (i.e. TEACH)**
Case 3

• 28 year old female pregnant patient/smoker would like to quit but feels ashamed to admit that she is a smoker. Health provider isn’t sure whether pharmacotherapy is safe/appropriate to offer.

Available patient resources include:
• Prevention of Gestational and Neonatal Exposure to Tobacco Smoke (PREGNETS) website (online discussion board & personalized quit plan)
• Smoker’s Helpline (online, telephone, texting support resources)

Health provider resources:
• PREGNETS website: information on smoking cessation practices for pregnant/postpartum women and a toolkit for health care providers
• Clinical Practice Guidelines for Pregnant and Breastfeeding Women CAN-ADAPTT (Canadian Action Network for the Advancement, Dissemination and Adoption of Practice-informed Tobacco Treatment)
• Rethinking Stop Smoking Medications Treatment Myths and Medical Realities (January 2008) Ontario Medical Association
• Smoking Cessation Billing Codes
• Training resources (i.e. TEACH)
• www.youcanmakeithappen.ca
Question and Answer Period
Thank you