

Community & Professional Smoking Cessation Resources in Peel Region

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Faculty/Presenter Disclosure

- Faculty: Dr. Megan Ward
- Relationships with commercial interests:
-None

Disclosure of Commercial Support

- This program has received financial support from Peel Public Health in the form of health promotion dollars.
- This program has not received in-kind support.
- Potential for conflict(s) of interest:
 - None

Mitigating Potential Bias

- Not applicable

Peel Health Professionals Website

Information for Health Professionals - Region of Peel - Microsoft Internet Explorer provided by ROP - Working for You

http://www.peelregion.ca/health/professionals/

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Information for Health Professionals - Region of Peel

Peel Public Health
for health professionals
905-799-7700
peelregion.ca/health

Health Services

Peel Public Health

Health Professionals

Cancer Screening

Chronic Disease & Injury Prevention

Communicable/Reportable Diseases

Immunization & Vaccines

Infection Prevention & Control

Maternal & Child Health

Oral Health

Sexual Health

Public Health Tools

Health Professionals Updates

Forms

Family Practice Rounds
Join us for this month's topic >> (more)

tools alerts events search Go

public health > health professionals

Cancer Screening
Breast cancer, cervical cancer, colorectal cancer, other...

Infection Prevention & Control
Best practices, guidelines / standards, downloadable materials...

Chronic Disease & Injury Prevention
Cancer screening and Dental financial assistance programs for children and seniors...

Maternal & Child Health
Breastfeeding services, prenatal classes, parenting support...

Communicable/Reportable Diseases
Influenza, Rabies, STIs, TB, other...

Oral Health
Dental financial assistance programs for children and seniors...

Immunization & Vaccines
Vaccine orders, immunization schedules, reporting vaccine wastage, downloadable materials...

Sexual Health
Guidelines/standards, Clinics, Needle Exchange Program, referrals, STI medicine order form...

Smoking Cessation Resources

<http://www.peelregion.ca/health/professionals/smoking-cessation.htm>

The screenshot shows a Microsoft Internet Explorer browser window displaying the website <http://www.peelregion.ca/health/professionals/smoking-cessation.htm>. The browser title is "Chronic Disease and Injury Prevention - Information for Health Professionals - Microsoft Internet Explorer provided by ROP - Wo". The address bar shows the URL. The website header includes the Region of Peel logo with the tagline "Working for you." and navigation links: "A-Z List | Accessible Info | Careers | Contact Us | Print this Page". A search bar and a "Programs & Services" dropdown menu are also present. A horizontal menu contains "News/Notices", "Regional Government", "Health Services", "Public Works", "Social Services", and "Housing". The main content area features a "Chronic Disease & Injury Prevention" section with a sub-heading "Alcohol screening tools, smoking cessation (OHIP billing codes)". Below this, there are tabs for "tools", "alerts", and "events", along with a search box and a "Go" button. The breadcrumb trail reads "public health > health professionals > smoking cessation". The main heading is "Smoking Cessation", followed by a list of resources: "Family Practice Office Resources", "Patient Resources", "Training for Health-Care Professionals", and "Free Smoking Cessation Medications". A left sidebar contains "Peel Public Health for health professionals" contact information and a "Health Services" menu with various categories like "Cancer Screening", "Chronic Disease & Injury Prevention", etc.

Case 1

- 70 yr. old female patient with moderate COPD asks for assistance to quit smoking. Patient has limited financial resources & is not a member of a Family Health Team or Community Health Centre.

Available Resources include:

- **Breathe Better Live Better COPD Education Program**
- **Expanded Professional Pharmacy Services - Smoking Cessation Program for Ontario Drug Benefit recipients:**
- **Ontario Drug Benefit (ODB) Plan coverage of Champix® and Zyban®**
- **William Osler Health Centre "Kick It" program**
- **Smoker's Helpline**

Health Provider Resources:

- **Smoking Cessation Billing Codes**
- **Training resources (i.e. TEACH)**

Case 2

- 19 year old male patient; student @ Sheridan College agrees to make a quit attempt but doesn't think he can quit smoking without assistance.

Available Patient Resources include:

- ***Leave the Pack Behind***, a program available for students enrolled in post secondary institutions (Sheridan & UTM)
- **Smoker's Helpline:** online and text messaging
- **William Osler Health Centre "Kick It" program**

Health Provider Resources:

- **Smoking Cessation Billing Codes**
- **Training resources (i.e. TEACH)**

Case 3

- 28 year old female pregnant patient/smoker would like to quit but feels ashamed to admit that she is a smoker. Health provider isn't sure whether pharmacotherapy is safe/appropriate to offer.

Available patient resources include:

- **Prevention of Gestational and Neonatal Exposure to Tobacco Smoke (PREGNETS) website** (online discussion board & personalized quit plan)
- **Smoker's Helpline** (online, telephone, texting support resources)

Health provider resources:

- **PREGNETS website:** information on smoking cessation practices for pregnant/postpartum women and a toolkit for health care providers
- **Clinical Practice Guidelines for Pregnant and Breastfeeding Women CAN-ADAPTT** (Canadian Action Network for the Advancement, Dissemination and Adoption of Practice-informed Tobacco Treatment)
- ***Rethinking Stop Smoking Medications Treatment Myths and Medical Realities*** (January 2008) Ontario Medical Association
- **Smoking Cessation Billing Codes**
- **Training resources (i.e. TEACH)**
- www.youcanmakeithappen.ca

Question and Answer Period



Thank you