

TRAVEL WHILE ON TREATMENT FOR TUBERCULOSIS

People with contagious TB are not permitted to travel anywhere while they are contagious.

We recommend you wait to travel until your TB treatment is completed. You may develop side-effects, take your medicine incorrectly or have trouble getting more TB medicines or medical care while travelling.

If you plan to leave Canada for vacation, business, permanent move or return to your home in another country, you must:

- Not be contagious
- Be improving on your tests, X-rays and symptoms
- Have the approval of your doctor and your Public Health Nurse (PHN)
- Give the PHN the address and phone number in the country you are travelling to, the date you will leave Canada and the date you will return to Canada
- Obtain a letter from the PHN and your doctor about your TB disease and treatment to give to a TB health care provider in the country you are travelling to when you need medical care and to obtain more TB medicine
- Obtain a supply of TB medicine from your doctor or PHN. **Usually only a one-month supply of TB medicine can be given to you for travel, but there are some exceptions – talk to your PHN.**

While you are away:

- Continue to take your TB medicine
- See a health care provider if you develop symptoms or side-effects, and to get more TB medicine or blood tests
- Return to Canada for your next appointment with your TB doctor or nurse (unless you left Canada permanently)

If your medicine runs out while you are away you will have to provide proof that you:

- Obtained more medicine and continued your treatment without interruption
- Took your TB medicines as instructed
- Are not contagious